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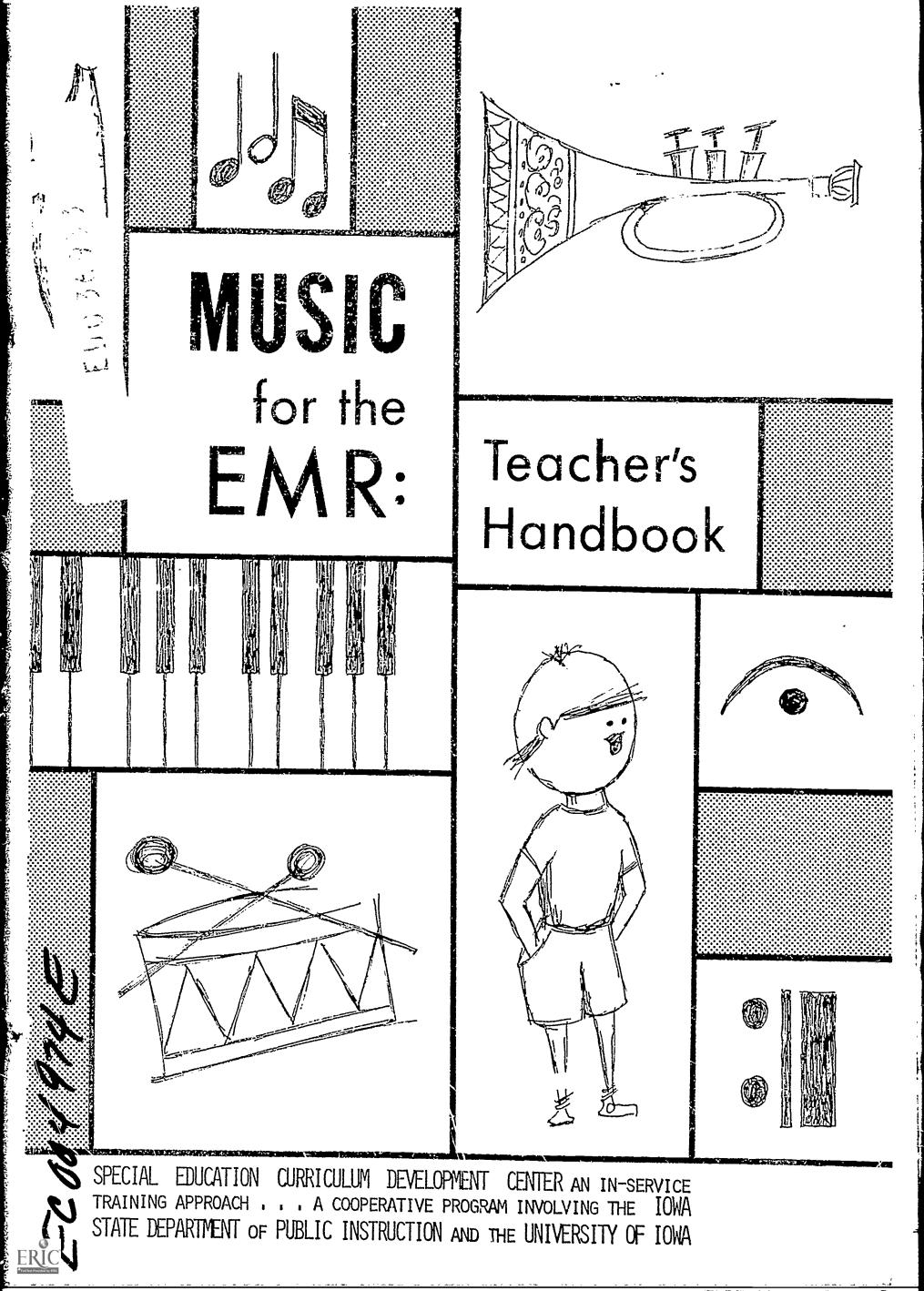
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#### ABSTRACT

The goals of teaching music to the educable mentally handicapped are discussed and a sample unit lesson plan is provided. Also considered are presenting and teaching the song, using rhythm instruments, playing the autoharp, and planning listening activities. Over three-fourths of the handbook consists of singing activities for primary and intermediate and secondary levels including goals, songs of different types, and teaching methods. Appendixes list over 50 recordings, books, and audiovisual aids. (JD)

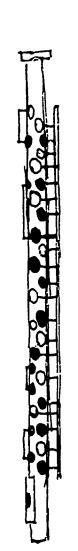


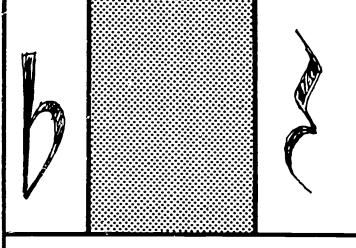


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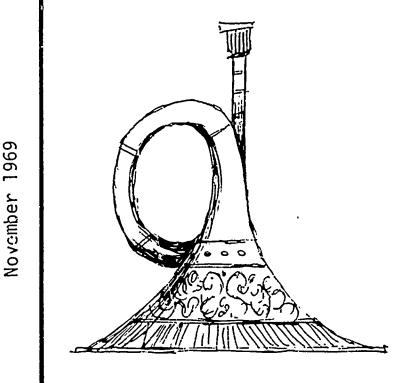
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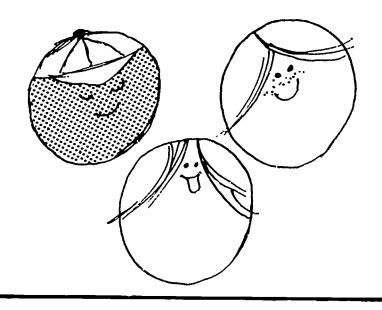




MUSIC for the EMR:



Teacher's Handbook

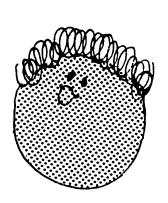


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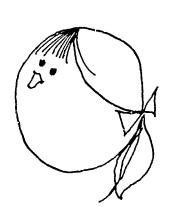
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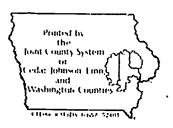
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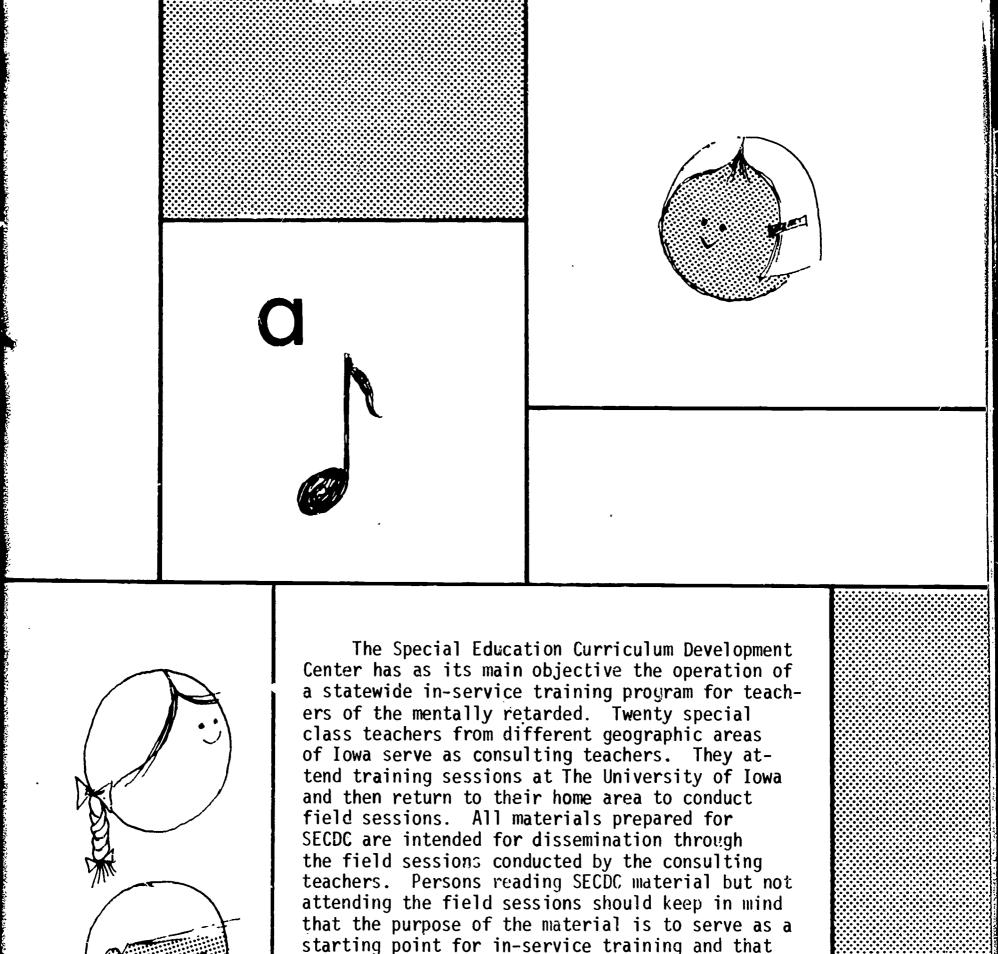






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## INTRODUCTION

This guide is compiled to help you incorporate music--singing games, group singing, records, use of rhythm instruments, formal instruments othe autoharp, melody bells, tone resonator bells, chord organs, etc.) and other music games throughout the day. Often the singing of a counting song will make learning addition or subtraction a lot more fun. Learning rhyming words can be more enjoyable when suggesting words that rhyme with other words in a song. Beating a drum along with a record of Indian music, or sending messages by the beat of a drum makes the study of Indians come to life. Of course, you can hardly study Indians without the children wanting to wear costumes, which may lead to an Indian play. Be sure to use music!

Suggestions are given on presenting and teaching songs to your children. Additional suggestions are also given with each song to help make the presentation more interesting. You may think of many more ideas yourself. You may want to use all or none of the suggestions. Whatever works the best for you and for your children, is the best teaching method.

The songs included in this handbook are representative of some of the songs that might be used with your children. Very familiar songs such as My Country Tis of Thee, Silent Night, or Ten Little Indians, are not included because you can obtain these songs in almost any community songbook, children's book of songs, or you may even be able to draw upon your knowledge of songs and teach them to your children. Teach them as many of the familiar songs as you can. A knowledge of many of the familiar songs makes the children more socially acceptable when they are singing with their family and friends

The suggestions of records, films, and rhythm instruments are also in no way complete. Many more are available for use with your children from record and film companies and instrument supply houses.

A section is also included on how to make simple rhythm instruments and tuned bottles. Your children will have fun bringing things from home and making their own instruments in school. By making and valuing their own instruments they will also be more careful in their handling of other people's instruments

By dramatizing songs, using finger-play and counting songs, involving children in action songs using large and small motor muscles, using rhythm and other informal instruments, you are making the songs more interesting and increasing the attention span of your children



Remembe., music should begin on a simple level and expand with the growth of the child Musical ability is acquired at a slower pace with retarded children, thus, the experiences need to be repeated more often and in many different ways. Music can be learned and enjoyed through the use of games and play.

Many classroom teachers hesitate to include music activities because they feel incompetent to teach music--not because they dislike music. If you enjoy music then we hope this handbook will help you to feel competent to teach your children how to enjoy music too.



# GENERAL GOALS IN TEACHING MUSIC TO THE EDUCABLE MENTALLY RETARDED

Four main areas of growth and development should be considered in which music activities will directly or indirectly aid all children.

- 1. Mental Health
  - a) Developing a feeling of participation, belonging, and achievement

Example: singing, playing instruments, music games.

b) Providing an acceptable outlet for physical and emotional tensions

Example: running, marching, skipping and walking to music, playing rhythm instruments.

c) Developing poise and self-confidence

Example: singing or playing instruments alone or in a group.

d) Expressing feelings

Example: listening, singing, moving to music, playing instruments.

- 2. Social Development and Adjustment
  - a) Group participation

Example: songs, musical games, playing rhythm instruments.

b) Following directions

Example: for dancing, singing, playing instruments, etc.

c) Extending attention span

Example: playing instruments, clapping, singing, marching, etc.

d) Sharing and taking turns

Example: playing instruments, being "it" in music games, individual or small group singing.

e) Role-playing and dramatization

Example: acting-out rhythms, animal movements, finger-play songs, puppetry.

f) Developing self-discipline and self-control

Example: handling musical instruments, records, and other materials properly.

- 3 Language Development
  - a) Developing auditory discrimination and memory

Example: *listening and remembering like and different phrases, rhyming words, various rhythms, etc.* 

b) Learning speech sounds and associating them with action, direction, and objects

Example: rhyming words, action songs, associating up and down, high and low, with music concepts.



- c) Increasing vocabulary and rote learning

  Example: learning new songs, learning songs by rote, learning stories about the songs.
- 4 Physical Development--Motor and Muscular
  - a) Using large and small muscles

Example: body action songs, dancing, playing instruments.

b) Aiding coordination

Example: body action songs, dancing, playing instruments.

c) Developing sense of rhythm and tempo

Example: clapping, tapping, playing instruments, marching, dancing.

d) Learning to control movement.

Example: dancing, playing instruments, running, marching, skipping, walking to rhythms, singing.

e) Developing basic physical skills

Example: skipping, running, walking, marching, swaying, arm swinging, clapping and finger dexterity.

Rhythm, singing, playing informal instruments and listening activities are highly adaptable and lend themselves to specific needs of the mentally retarded child. Music is easily correlated with other subjects and provides the concrete experiences needed by children who are not able to grasp abstract ideas.

Songs should be simple, with repetition of melody and words. Singing, games, and dramatizations where children can respond with bodily movements aid in creative expression. Rhythmic actions that utilize large body movements encourage free interpretation.

Music can be the one unifying activity in the teaching day, as every child can participate in one way or another. Several short and varied music periods during the day can do much to release tensions and help combat restlessness.

Your most valuable teaching aids are enthusiasm and evidence that you enjoy music. Children will enjoy the varied activities in music and learning will result. Remember not to be discouraged when the teaching of music does not seem to result in the desired learning. The child may be absorbing and learning more than his responses reveal.

You do not have to be a musician to teach music to children. Use many of the simple tunes that everyone knows. You may prefer to use a record rather than a piano or an autoharp, or you may prefer to sing without the use of instrumental accompaniment.



## SAMPLE: UNIT LESSON PLAN

This is a sample lesson chosen from **Life Experience Starter Unit, Set #1**, Summer, 1968, published by the Special Education Curriculum Development Center, and within the basic lesson plan on "School Orientation," Primary level, pages 31-34, which music has been incorporated to correlate with the other learnings concerning friendship. Use of related songs, records, etc., provides purposeful learning (of which the children may or may not be aware), enjoyment, relaxation, and learning about music.

	OBJECTIVES	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
	(1st day) To	1. Sing the Morning Greet-	Autoharp	Keep a daily chart noting
	realize the	ing song after the children	Song: <i>Morning Greeting,</i>	the weather.
	values and re-	assemble in the classroom.	Page, 26	
	sponsibilities	See if they can answer		
	of friendships;	"good morning" on the same		
	to encourage	tones.		
	the development			
	of friendships	2. Play a guessing game	Song: New Clothes,	
	among class-	have children make up	Page, 30	
	mates and	riddles about their friends.		
	teachers.	For example, "I am think-		
	1. Enjoying	ing of a friend with a red	,	
Ì	doing things	dress on. Who is my		
	with friends.	friend?''		
		,		
		3. Discuss why we like		As the children say their
l		our friends, what makes		riddles about their friends
	•	them good friends, what		record some of them on a
		we enjoy doing with our		chart so the class can
l		friends, etc.		talk and sing about their
	,			, friends throughout the
	:			day. (Picture of two
				children playing together)



OBJECTIVES	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
	4. Read book: A Friend	Book: A Friend is Some-	Friends
	Is Someone Who Likes	one Who Likes You;	A friend is somebody you
	You.	Joan Walsh Anglund:	like. They like you too.
		Harcourt, Brace & World	It is fun to play with our
		Inc.: N.Y.; 1958.	friends.
			·
*			Friends make us feel good.
	5. Seatwork: Make a mural		
	about friends. Have children	1	
	depict scenes showing ways	i	
	friends have fun together at		
	school, at home, on the		
	school bus, in the neighbor-		
	hood, etc. Entitle mural: <u>Friends Have Fun Together.</u>		
	Thenas have full logether.		
	6. Teach song: My Own	Song: My Own True	
	True Friend	Friend, Page 32	
·			
	7. Vocabulary: friend, fun,		
	together, music, share,		
	with, true		
(2nd day)	1. Greet the children with	Autoharp. Daily weather	(Chart of centers of
To realize the	the <i>Morning Greeting</i> song.	chart.	group activity)
values and re-	·	Ţ	
sponsibilities	2. Before class time,	Tape recorder	Being a Good Friend
of friendships;	record on the tape recorder		We don't want to hurt
to encourage	several story situations,		other people's feelings.
friendships	stressing consideration of		
among class-	others' feelings, belongings,		One way to make people
mates and	interests. For example:		feel good is to do things
teachers.	''Jimmy's birthday was		they like to do.
	on Saturday. He got a very		
	special birthday present		We should be careful
	a yellow dump truck just		with things which belong
1	like he's wanted for a long		to other people.
			-



OBJECTIVE	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
	time. On Monday he brought		
	the truck to school in		
	Sharing Time. During the		
	day some boys were playing		
	with it and it got broken."		
	3. Play recording for		
	children, then discuss the		
	story by asking such	:	
	questions as:		
	"How do you think		
	Jimmy feels?"		
	"How do you think the		
	truck got broken?"		
	"How do the other boys		
	feel?''		
	What should Jimmy		
] 	do?´` etc.		
	4 Through discussion		
	bring out that we must		
	ask permission before		
	playing with someone		
	else's things; that some-		
	one's own belongings		
	should be handled with		
	care; personal belongings		,
	should be kept in a safe		
	place at school; but even		
	when children are careful		
	accidents may happen		
	Discuss the children's		
	feelings and why Jimmy		
	may be hurt, etc		
	ł i	İ	



OBJECTIVE	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
	5. Review songs learned	Rhythm instruments,	
	yesterday, My Own True	other items that might	
	Friend, and New Clothes.	give children ideas of	
	Ask Susan or Johnny if they	doing things with their	
	notice anyone in the class	friends such as a book,	
	with any new clothes that	letter to mail, telephone	
	the class could sing about.	to call a friend, etc.	
	Ask the children to be think-		
	ing of other things they like		
	to do with their friends to		
	add verses to sing My Own		
	True Friend, tomorrow.		
	6. Read books: <b>Love is</b>	Books: <b>Love is a</b>	
	a Special Way of Feeling	Special Way of Feeling,	
	and I Need All the Friends	Joan-Walsh Anglund:	
	I Can Get.	Harcourt, Brace & World	
		Bock, Inc.; N.Y.; 1960.	
		I Need All the Friends	
		I Can Get, Charles M.	
		Schultz; Determined	
		Productions, Inc., San	
		Francisco, Calif.; 1964.	
	7. Write experience chart.		
	Tead orally.		
	8. Seatwork: Worksheet	Chart paper	
	with two columns. Headings-	Paper	
	School Things and Things	Crayons	
	That Are Mine. Have children		ł
	draw pictures of five things		
	that belong to the school,		
	and five things that belong		
	to them.		
	•	1	i



<b>OBJECTIVES</b>	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
1	9. If anyone has a birthday today (or even if no one has a birthday, the children always love to learn a new birthday song so they will be prepared when their friends or family has a birthday) teach them the question-answer and tone matching song, Whose Birthday is Today?  10. Vocabulary: feelings, belong, hurt, letter, telephone birthday.	Song: Whose Birthday  Is Today? Page 34  Autoharp  Birthday "treats"	
(3rd day) To realize the values and responsibilities of friendships; to encourage friendships among classmates and teachers.  2. Finding solutions to disagreements among friends.	ing song. Encourage the children to sing it to some of their friends noting and	Autoharp  Daily weather chart  Experience charts	



OBJECTIVE	ACTIVITIES	RESOURCE MATERIAL	EXPERIENCE CHART
	rules or share or take		
	turns; both give in a little;		
	if necessary stay away from		
	each other for awhile, etc		
	3. Dramatize situations		Picture of children
	in which children show		arguing.
	how they might settle		
	their problems. For exam-		
	ple, "Susie and Janie were		
	playing jump-rope at		
	recess. Susie says Janie		
	missed a jump, but Janie		
	says she didn't.''		
	4. Read book: Let's Be	Book: <b>Let's Be Enemies:</b>	<u>Fights</u> - Sometimes
	Enemies.	Janice Udry; Harper and	friends have fights or
		Row, N.Y., 1961.	arguments.
	5. Write experience		
	chart. Read orally.		
	6. Seatwork: Draw ''before'	Chart paper	We should do what we
	and ''after'' pictures. Show	Newsprint	can to try to feel happy
	in first picture how people	Crayon	again.
	look when they're having		
	an argument; in second		
	picture, how they look when		
	they've settled their problem	ı.	
	Have children tell their pic-		j
	tures.		
	7. Review the new songs	Autoharp	
	learned in this section of	Rhythm instruments	
	the unit: Whose Birthday		
	is Today? (Sing especially		
	·	·	•



OBJECTIVE	ACTIVITIES	RESOURCE MATERIAL	<b>EXPERIENCE CHART</b>
	if someone in the class has		
	a birthday today}, <i>New</i>		
	Clothes (if it seems to be		
	learned well enough by the		
	children, play the circle		
	game suggested on page		
	31), and My Own True		
	Friend (see if children		
:	thought of things to do with		
	their friends that they can		
	sing about today. Maybe		
	some rhythm instruments		
,	can be added). Ask the		
	children which song they		
	like the best.		
	8. Vocabulary: argument,		
	fight, problem, enemy.		
			•



## PRESENTING AND TEACHING THE SONG

## PRESENTING THE SONG

When presenting a song to your class, begin by telling what the song is about and explain any difficult words. While some background is necessary to establish interest keep this part of the presentation brief. If possible, choose a song which correlates with another subject which you may be teaching, such as in teaching number concepts, *Five Little Alligators*, page 9, **Sharing Music** (Grade One). Then you can either sing the song, play the recording, or both.

If you sing the song, sing it with as much expression as possible in order to establish the mood. If you use an accompaniment, play a short introduction in order to establish the key, rhythm and tempo.

If you are singing the song without accompaniment, get the beginning pitch from an instrument or pitchpipe. In either case, sing to your children and maintain eye contact with them.

## TEACHING THE SONG

In order for your children to learn a song, they will need to hear it sung or performed a number of times. This, of course, will depend upon the length and difficulty of the song.

After the children have listened closely to the song several times let them sing along on whatever parts they remember. If the song is a somewhat longer one or a more difficult one, you can use the "listen and sing" approach in shorter sections. Don't dwell too long on any one part as the children will lose interest.

When your children have difficulty remembering a certain tone pattern, use up or down hand levels or line notation on the chalkboard (\_\_\_\_\_\_\_) to help them learn how the melody moves.

If the rhythm is giving your children a problem, use line notation on the chalkboard (short lines for short notes, longer lines for notes held longer), clap the rhythm for them, or let them clap the rhythm while you sing or play the recording.

You should mention some of the music details in the song such as repetition of tone patterns or phrases, passages that move by skip or step or even and uneven rhythm. These details help the children to learn the song more quickly and aid in the formation of some basic music concepts.



Work for expressive singing by discussing the mood of the song and why you are singing it. When you sing the song use good enunciation so that your children will use this as a model when they sing.

Above all else, you must enjoy the song. If you show your enthusiasm, the children will enjoy learning the new song. As soon as their enthusiasm begins to wane, move on to a familiar song or to another activity and come back to the unfamiliar song later.



## USING RHYTHM INSTRUMENTS

The process of developing a sense of rhythm and using rhythm instruments is both an enjoyable and an important part of music activities. Everyone is born with a sense of rhythm, and this sense can be developed.

If you believe that you don't have a sense of rhythm, select any children's rhyme that you know and mark the beats on a drum. You will find that this is done easily and will give you the confidence to see that this is exactly the same kind of rhythm found in all music. Let's take a rhyme or two and underline the words with the strong beat.

Mary had a little lamb,

Little lamb, little lamb,

Mary had a little lamb,

Its fleece was white as snow.

Peter, Peter, Pumpkin Eater;

Had a wife and couldn't keep her;

Put her in a pumpkin shell,

And there he kept her very well.

Use several rhymes with your children and have them chart the rhymes together. Then, as they chant, have them clap or march to the beat. After they have done this many times, perhaps some who feel the beat fairly well could use a drum or rhythm sticks while the rest chant and clap.

Let the children get used to hearing and using one instrument at a time. Play records that have a strong beat and let the children move to the rhythm of the music by walking, marching, skipping, galloping, swaying their arms, clapping, and playing the instruments. Select music with varying kinds of rhythm and mood--fast, slow, quiet, loud--so the children learn that there are different kinds of music.

Have a variety of informal rhythm instruments available for the children to play, and let them experiment with all varieties of sounds. Instruments such as small drums, hand cymbals, triangles, wrist bells, rhythm sticks, tone blocks, sand blocks, maracas, and finger cymbals are informal instruments which are inexpensive and can be used to accompany singing, listening to records,



chanting rhymes, and performing other rhythmic activies. Use only two or three different instruments for a song.

Both hands should be used in playing rhythm instruments. That is, when using instruments that seemingly need only one hand--such as tambourines, maracas--the instrument should be held in one hand and tapped in the palm of the other hand, or against a stick held with the other hand. It is difficult for mentally retarded and normal young children to shake one hand in a rhythmic manner. The contact with the other hand establishes control and aids in coordination.

Let the children make their own instruments. Simple rhythm instruments can be made by using materials your children have brought from home. Here are a few ideas on how to make informal rhythm instruments.\*

#### **Drum**

Body: nail keg, cheese box, large tin can, salad bowl, pie plate.

Head: inner tube rubber, leather, heavy wrapping paper, parchment paper.

#### **Rattles**

Gourds: wooden spoons, small funnels, cans or ice cream cartons and corn; potato masher or paddle, pop sticks and bottle caps.

## **Tambourine**

Two paper plates pasted together or tin pie pans and bottle caps.

### Blocks

Wooden, with or without paper glued on.

## Rhythm sticks

Scrap wood, rulers, pencils, drum sticks.

## **Cymbals**

Tin pot covers.

## Gongs

Scrap metal, plow discs, pie pans (two together).

## **Chimes**

Nails hung by string from stick, horseshoes, various sized wrenches.

#### **Xylophones**

Wood nails, bottles or glasses with water.

#### Bells

Hand bells on leather strap, sleigh bells.

<sup>\*</sup>From Music Curriculum for the Mentally Handicapped, copyright 1959 by the Cardinal Stritch College, Milwaukee, Wisconsin. Used with permission.

## **Triangles**

Chrome steel.

Many books on rhythmic activities and handicrafts include sections on making rhythm instruments and other kinds of instruments such as tuned flower pots, tuned bottles, stringed instruments made out of shoe boxes, and so forth.

Making instruments can be as simple or as complex as your children's abilities. They will get a great deal of satisfaction from making their own instrument.

Listed below are some books which will give you ideas on making simple instruments:

Children Can Make It, Association for Childhood Education, 1200 - 15th Street, N.W., Washington, D.C., 1954.

The Arts in the Classroom, Natalie Cole, John Day, New York, 1940.

Creative Music in the Home, Satis Coleman, John Day, New York, 1939.

The Book of Bells, Satis Coleman, John Day, New York, 1938.

The Drum Book, Satis Coleman, John Day, New York, 1931.

The Marimba Book, Satis Coleman, John Day, New York 1930.

Guiding Children's Growth Through Music, Eilean McMillan, Ginn, Boston, 1959.

**Basic Music for Classroom Teachers**, Robert Nye and Bjonar Bergethon, Prentice-Hall, Englewood Cliffs, New Jersey, 1954.

Making Music Your Own, Beatrice Landeck, et al., Silver Burdett Company, Morristown, New Jersey, 1964. See pages 76 and 77 on Tuning Bottles.

Let's Teach Music, Maurine Timmerman, Summy-Birchard, Evanston, Illinois, 1958.



## PLAYING THE AUTOHARP

The autoharp is an easy instrument to use for accompanying songs. Many of the songs included in this handbook have the autoharp chords marked. Once you learn how to play the autoharp you might want to use it much of the time instead of the piano.

Even the children can learn to play the autoharp. Let one child do the strumming while the other presses the buttons

There are only four directions you need to know to learn to play the autoharp.

- 1 You may hold the autoharp on your lap or place it on a table, straight side toward you.
- 2. The fingers of the left hand press the buttons down while the right hand strums the strings either on the right or left side of the buttons. Strumming the strings on the left side of the buttons gives a better tone. You can use either a pick or your fingernails to do the strumming.
- 3. Press one button down at a time firmly. If the song is in the key of G, put your left index finger on the button marked G-major. The other two chords occurring often in that key will be D-seven and C-major which fall naturally under the second and third fingers. This same arrangement is true for other keys as well.
- 4. Strum from the bottom to the top of the instrument and stroke across all the strings. It is best to strum to the main beats of the song rather than to the rhythm of the melody. For example, if a song has two beats in each measure, then strum evenly 1, 2; 1, 2; etc.

  After you get accustomed to using the autoharp you can add variety to the rhythm. The children will be able to sing better with a simple accompaniment.



## LISTENING ACTIVITIES

One of the best activities for building an interest in music is listening to music the children make themselves and to music made by others.

One of the best ways of listening to music made by others is with recordings. In choosing recordings for your children start with selections that have immediate appeal to the age leave you are teaching as well as lasting value. Primary children like music that has thether times don't want to sit still when this kind of music is being played, in with probability on their feet much of the time. As they are listening, encourage there to move to the rhythm of the music. Older children will enjoy folk music and dances from other countries as well as stories about instruments in a band or orchestra.

The phonograph you use should have good tone quality and be able to be manually operated so that you can pick up the needle at any spot in the record at any time.

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A list of suggested records is included in the appendices. On a limited budget, the purchase of music with lasting value may be a better investment than current popular music. Children can often help increase your repertory of records by bringing some of their favorites from home for a few days.

Another valuable aid in learning about music, instruments, operettas, song-stories, etc., is by using sound films and filmstrips with records. Schools that have projectors can buy or rent films from various sources. Many universities have film libraries as part of their service from which schools can secure films on a loan basis at a nominal cost.

Listening to recordings constitutes only a part of the resources available for listening activities. Does your school have a band, orchestra, or chorus? Perhaps some of the musicians could come into your room and demonstrate their instruments for the class. A small instrumental c. choral ensemble might give a short program in your room. If the school band or chorus gives a concert, be sure your class attends. Usually, concerts performed for an elementary, or junior high audience are short in length with the program being varied and interesting.

Encourage the children to lise in to good music on the radio and television. Many FM stations broadcast fine music. If your local or nearby radio stations do not carry these programs, perhaps some local promotion and persuasion will bring worthwhile music programs into your area. Watch



for special music programs to be televised or broadcasted on the radio and announce these to your class so they will look forward to watching or listening to them.

How about talking and discussing music we hear and sing in church? Help your children to understand how it aids and enhances the worship service.

Take advantage of the resources in your own community. Invite local musicians in for short musical programs from time to time. For instance, if you are learning about folk songs, invite someone who sings folk music to come in and give a short program for your children. Perhaps he/she can teach a short folk song to your class.

Perhaps your school or class could organize a field trip to attend a special children's symphony concert in your city or a nearby city. If you live near any factories that manufacture planos or other musical instruments, a field trip will be most educational and interesting for your children. Many of these factories provide tours for school-age children. Be sure to check with the factory beforehand to be sure they provide guides to explain the various manufacturing processes in a way children can understand.

Above all, don't forget to listen to each other in the classroom as music is performed. It is surprising to find how little has been done to build a listening attitude in the classroom through listening to music which the class itself is producing. Of course, don't expect perfection in the music your children produce, but much can be done through listening to improve their singing in tune, tone quality, enunciation of words, and general effect in singing and playing of instruments.

These are just a few suggestions to start you on the road to listening activities. Some of the ideas may fit your situation and others may not. The important thing is for you to <u>try</u>.



SINGING ACTIVITIES

**FOR** 

PRIMARY LEVEL



## SINGING ACTIVITIES FOR PRIMARY LEVEL

## A. Specific goals for developing:

## 1. Appreciation

- (a) to participate in musical activities with enthusiasm, pleasure, and satisfaction.
- (b) to respond with feeling to various moods in music sung, heard, and played.

## 2. Competency

- (a) to learn music of different types such as a fullaby, march, skipping music, etc.
- (b) to decide if the melody moves up or down or stays on one tone much of the time.
- (c) to demonstrate an awareness of high and low, fast and slow, long and short, loud and soft, ever, and uneven (rhythmically).
- (d) to listen for tone patterns and phrases that are the same or different.
- (e) to sing as well in tune as possible within the limit of the child's range.
- (f) to sing with as accurate rhythm as possible.
- (g) to learn to play some simple rhythm accompaniments with rhythm instruments.
- (h) to play simple tone patterns on bells or piano keys.
- (i) to participate freely in action songs and singing games.
- (j) to respond to the rhythm of music the child hears by large bodily movements.
- (k) to clap simple rhythm patterns to accompany song.

### 3. Music concepts

- (a) of melody--high and low.
- (b) of direction of melody--up, down, or stay the same.
- (c) of rhythm--fast or slow, even or uneven.
- (d) of tones--long and short.
- (e) of sounds--loud and soft.

## B. Singing High and Low:

## 1. High tones

- (a) "mew" like a kitten.
- (b) "yip" like a puppy.
- (c) "peep" like a baby chick.
- (d) "squeal" like a pig.

#### 2. Low tones

- (a) "roar" like a lion.
- (b) "croak" like a frog.
- (c) "moo" like a cow.
- (d) "growl" like a dog.



## 3. Extend the range higher and lower

- (a) pretending to be a fire siren.
- (b) pretending to be a police car siren.

#### 4. Matching tones

- (a) the choo-choo of a train.
- (b) the whistle of a train.
- (c) the beep of a car horn.
- (d) the factory whistle.

## 5. Matching tones on different pitches

- (a) "yoo-hoo"
  - See the tones of the first two notes of "Lady, Lady," page!94 and sing this "yoo-hoo" pattern on various starting notes.
- (b) "what is your name?"

  Sing any tone pattern you choose and have the children answer on the same pattern,
  "My name is (Mary)."

When helping the children to match tones you are singing, first have them imitate the pitch you sing to them. For instance, sing "hello" to each child and see if he can sing it on the same pitch as you did (choose any pitch between middle C and second space A of the treble clef staff). Quickly do this two or three times with each child. Those who have difficulty will be able to sing some pitch. Then you should match your pitch to his and work from that point in raising or lowering his voice so he can sing more notes.

The songs included in this handbook can be used to improve your children's voices as well as singing for enjoyment and learning other aspects of the world of music.

### C. The songs:

The next several pages of music have added teaching suggestions.



## Morning Greeting



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## MORNING GREETING

This is good to use when greeting your children in the morning.

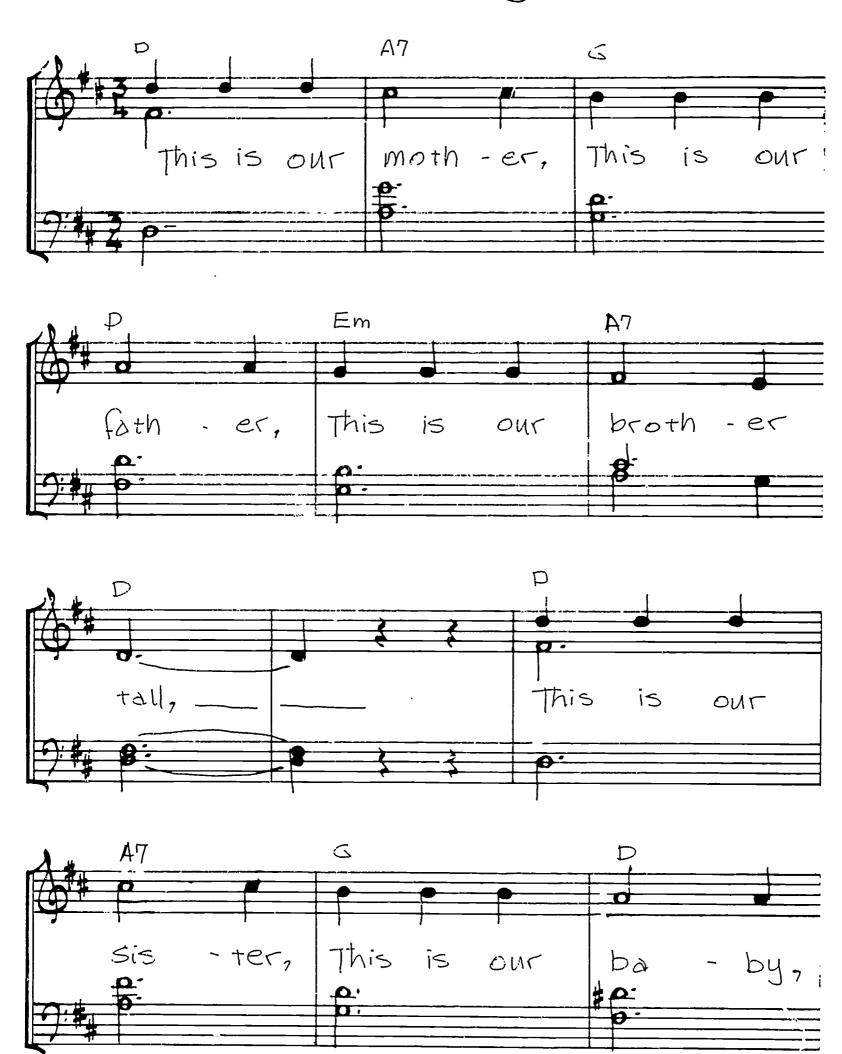
After you have sung the song, in order to help the children match tones, let them echo the *Good morning!* in the first line.

Some of the children may want to sing the greeting to their friends.

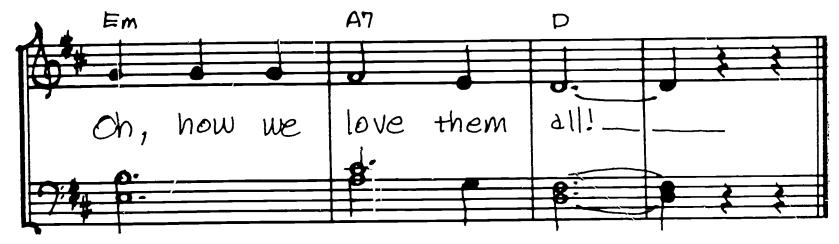
Units: School, Socialization, Weather.



## The Family







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## THE FAMILY

These two short phrases are exactly alike and the melody moves stepwise down the entire octave (eight notes of the scale). See if the children can tell if the music goes up or down. You might also see if they can tell if the music moves by steps or by skips.

This is a fingerplay game making the children aware of the family as a unit, just as the hand with each of its fingers is a unit. Starting in succession on each of the phrases, This is our mother, This is our father, and so on.

Ask the children how many are in the family in this song. Addition and subtraction facts can be learned. For instance, if mother goes away for a visit how many are left?

Ask the children how many are in their own families. Ask other questions similar to those in the preceding paragraph.

Have some of the children play rhythm with the thumb, the children point to each finger instruments such as a drum, tambourine, triangle, or rhythm sticks on the first beat of each measure (all the heavier pulses).

Units: Home and Community, Number Concepts.



## New Clothes



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- 2. Oh, Ellen has a new dress, ea.
- 3. Oh, Charles has some new shoes, en.

an interesting variation is:

Oh, Billy his a new walk (jump, skip, hop, etc), A new walk, a new walk, Oh Billy his a new walk, He'll show us all today.

## **NEW CLOTHES**

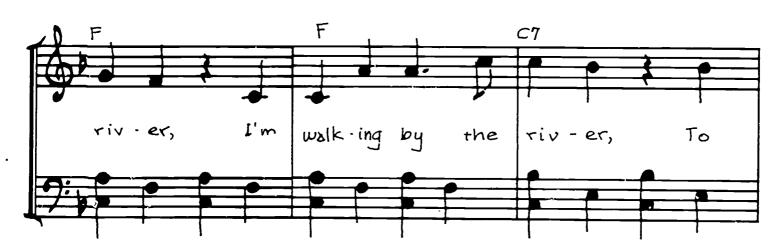
This is a song to use when you wish to give a child some personal, favorable attention.

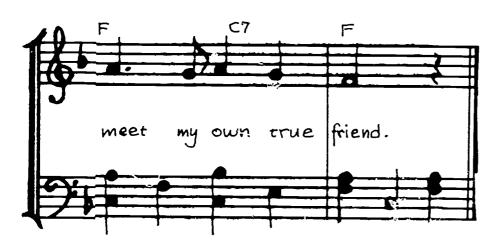
Have the children form a circle and skip around the child they are singing about. The honored one could play a rhythm instrument accompaniment.

Units: Clothes, Friends.

## My Own True Friend







From Meeting Music, Book One. (c) 1966. Used by permission of American Book Company.



- 2. I'm standing by the window (3 times)
  To see my own true friend.
- 3. I'm going to write a letter
  To send my own true friend.
- 4. I'm going for a visit
  To see my own true friend.
- 5. I share my toys and playthings With all of my true friends.

#### MY OWN TRUE FRIEND

After the children have learned all the verses, have them make up other verses of things to do with their friends.

To introduce rhythm instruments in the song, you might suggest additional verses such as "I'm going to play the sand block for all of my true friends" etc. Have the children who sing the verse play the instrument.

Units: Language (using action words).



# Whose Birthday is Today?



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### **WHOSE BIRTHDAY IS TODAY?**

A good tone-matching question and answer game between teacher and children or between two groups of children.

Other words can be substituted such as:
"What day is today?" or "What is the weather
like?" and the answers may be "rainy" or
"sunny;" or "Who is our President?" etc.

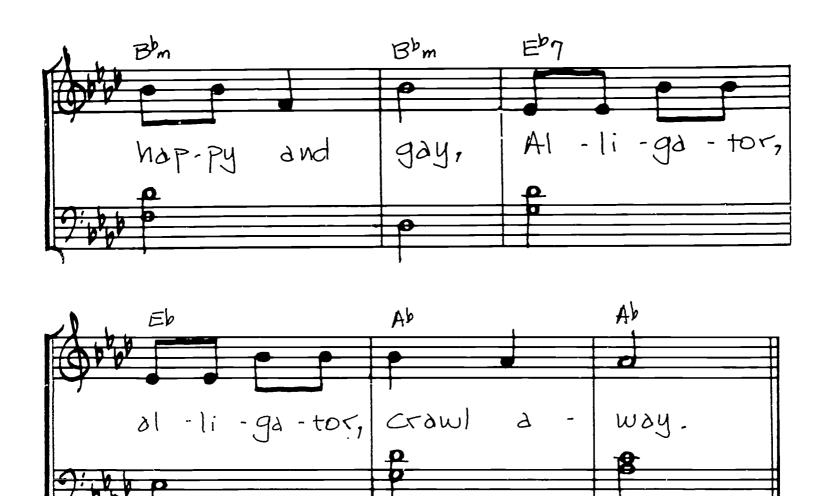
Units: Family, Science, Social Studies. A change of words can be applied to any other area of study.



## Five Little Alligators







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### **FIVE LITTLE ALLIGATORS**

This gay melody about happy alligators can be fun to sing because it is also a "counting out" song.

Perhaps the children can think of other animals to sing about such as kangaroos, monkeys, or elephants; or how about other things such as steamboats, witches, or reindeer? "Five little witches" at Halloween time would suggest a slower tempo and a softer tone to indicate "mystery."

Other words can be made to rhyme and to make other addition and subtraction facts such as "Five little alligators peeping at sticks; one crawled in and then there were six." Or, "Two little alligators peeping at the door; two crawled in then there were four," and so on.

Units: Animals, Number Concepts.



# Little Bird on my Window



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- 2. There are beautiful flowers
  I can see from my door,
  But if I could go flying,
  I would see many more.
  - 3. So come back to my window, Let your song never end.
    I will tell you a secret,
    You're a very good friend.

#### LITTLE BIRD ON MY WINDOW

Ask the children how they think the song should be sung. Would the title give any indication? Would they sing it like an elephant song?

Have the children sway with their whole bodies to the rhythm to get the feeling of the 3/4 time with the heaviest beat on beat 1. You, as the teacher, should sway along as you sing, so the children will do the same thing.

Both you and the children should clap on the heaviest pulse (1st beat).

When enough children can clap or sway on the heaviest pulse, then you could lightly clap or tap the other two weaker beats in each measure.

After the song is learned, have the children clap heavier on the first beat and lighter on the other two beats (or clap-tap-tap).

Similar variations can be done with rhythm instruments using a wood block, rhythm sticks, or triangles.

Units: Animals, Birds, Nature.



### Old Mother Goose



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### **OLD MOTHER GOOSE**

Explain to the children that in the Scandinavian countries there is a legend that snow-flakes are the feathers that an old woman in the sky picks from her geese and throws away.

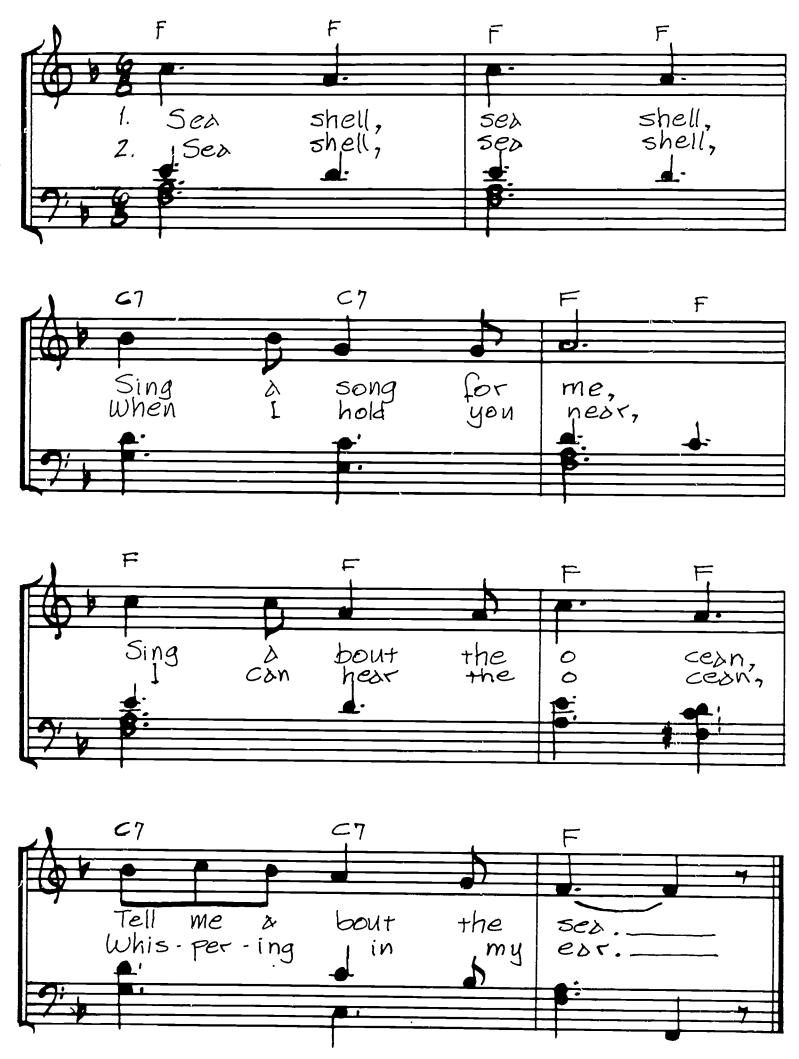
In this song the children can swing their arms to the rhythm of the music.

Show how the children can use their hands and fingers to depict picking her geese, throwing the feathers away, and making it snow.

Units: Nursery Rhymes



### Sea Shell



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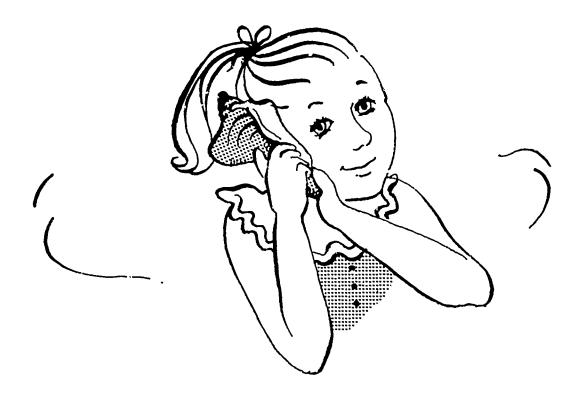
#### **SEA SHELL**

If you or any of the children have a sea shell or a sea conch, bring it to school so everyone can listen to the sound coming from it.

This song rises and falls like the waves of the ocean. Have the children show this rising and falling motion by arm movements. (Helps develop large motor coordination as well as a sense of rhythm and feeling of up and down.)

After singing the song to the children, ask them what they heard in the sea she!!.

Read the following poem to the children; again asking them to show the rise and the fall of the waves as you are rereading the poem.



Units: Land and Sea, Rivers, Lakes and Oceans.

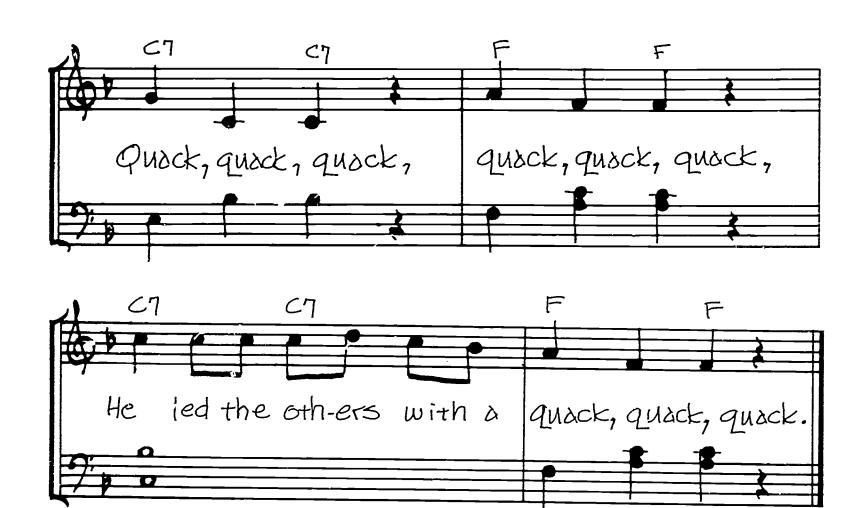


## Six Little Ducks



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- 2. Down to the river they would go, Wibble, worde, wibble, wolde, to and fro.
- 3. Home from the river they would come, Wibble, wobble, wibble, wobble, ho hum hum.

#### SIX LITTLE DUCKS

Children can learn addition and subtraction by figuring out how many ducks are being led by the one with a feather in his back. The song can be changed to any number of ducks.

Actions added to this song are fun for the children. Six children could act out the song taking turns with other children.

Hands and arms spread to indicate fat ones.

Hands and arms together to indicate *skinny c.res*.

Hands and arms behind back to make a feath.

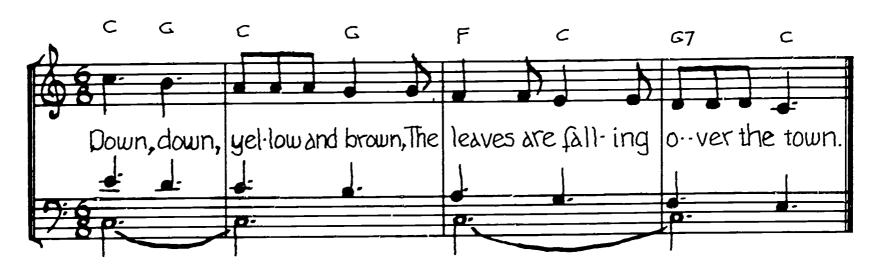
Squat down like a duck, wobble and quack on the last 3 lines.

Ask the children what instruments would sound good on *quack*, *quack*, *quack*, (rhythm sticks, tone block, castanets, wood block).

Units: Animals, Farm, Number Concepts, Word Concepts.



### Down, Down



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### DOWN, DOWN

Does the melody of this song move up or down? As you sing, have the children show you by up and down hand movements how the melody moves.

Why do you think the melody moves down rather than up? Could it have anything to do with the words?

As you and the children sing, have them pretend that their arms, hands and fingers are leaves.

Do the notes move by step or skip?

Suspend a xylophone or melody bells in a vertical position with the lowest tones at the bottom. Children will discover by sight and sound how a melody moves downward.

Units: Concepts of Up and Down, Seasons.



### Rain



Rain, rain, go a · way! Come a · gain an · oth-er day.

From Making Music Your Own, Book 1. (c) 1968 General Learning Corporation. Used by permission of Silver Burdett Company.

#### RAIN

This tune may be familiar to some of your children. It serves as a good tone matching game, as you observe the childrens' ability in this area. (Sing *Rain* starting on various pitches.)

Substitute words such as "Snow, Snow, go away," or 'wind, wind, go away," or let the children make up words. They may want to use other children's names to make a jingle, such as, "Jane, Jane, let's go play! We can work another day," etc.

Sing "Yoo-hoo" in the first measure and have children imitate you as an echo. After they have done this on various pitches, sing, *Rain* again and see if the children can tell you where they hear the "Yoo-hoo" pattern in *Rain*.

Units: Weather, Seasons, Language Skills

(imitation, rhyming of words, and making up sentences).

### The Seasons



From MUSIC ACTIVITIES FOR RETARDED CHILDREN by David R. Ginglend and Winifred E. Stiles. Music copyright (c) 1965 by Abingdon Press. Used by permission.



I shovel snow in the wintertime, wintertime, wintertime.

I ride my sled - build a fort - skate on ice, etc.

What can you do in the warm springtime?

I dig the ground - plant the seeds - clean the yard.

What can you do in the summertime?

I cut the grass - weed the garden - paint the fence.

What can you do in the autumntime?

I rake the leaves-pick the Puit - dig potatoes.

Another version:

What do like in the wintertime?

I like to slide - to sled - the snow - the ice.

What do you like in the warm springtime?

I like the birds - the flowers - to play - jumping rope.

What do you like in the summertime?

I like the sun - to swim - the beach - playing ball.

What do you like in the dutumntime?

I like to hike - the leaves - the apples - Halloween.



### THE SEASONS

An excellent question and answer song.

You can change the words to vary with the seasons, for example:

Winter -

What can you do in the wintertime?

(answer) I shovel snow in the wintertime;

I ride my sled, build a fort,

skate on ice, etc.

Spring -

What can you do in the warm springtime?

(answer) I dig in the ground, plant the seeds, clean the yard, etc.

Summer -

What can you do in the summertime?

(answer) I cut the grass, weed the garden,
paint the fence, etc.

Fall -

What can you do in the autumntime?

(answer) I rake leaves, pick the fruit,

I'm back to school, etc.

Units: Seasons, Gardening.



## The Weatherman



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### THE WEATHERMAN

This is a good song for children to act out. Either you can sing the question and have the children answer, or the children as individuals or groups can ask and answer the questions.

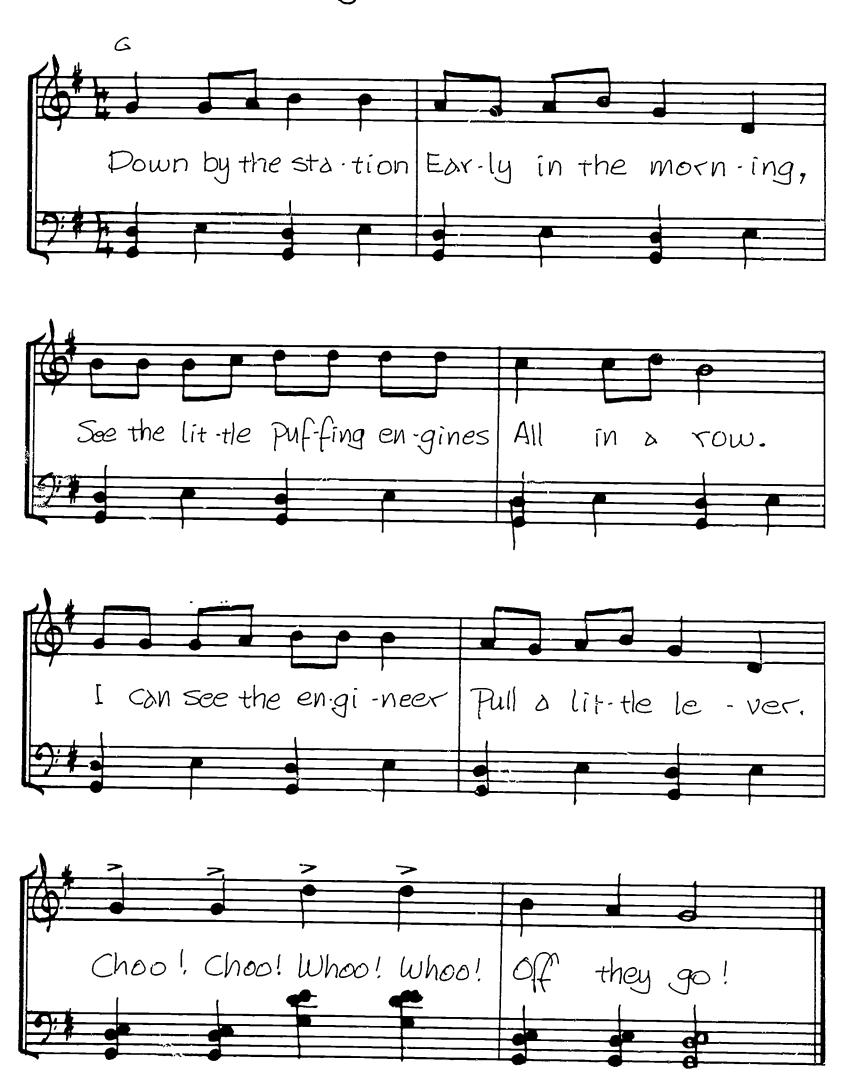
Ask the children what other tones in the song are just like *weather*, *weather* in the first line. (Sunny, sunny)

Practice the tones on the words weather in the first line and sunny in the third line to help them .ing and hear this more accurately.

Units: Clothing, Seasons, Weather,



## Down by the Station



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### **DOWN BY THE STATION**

The sand blocks will be a good *choo-choo* sound on every quarter note throughout this song.

This song can be great fun by allowing different children (either alone or in groups) to be the engineer and sing *Choo! Choo! Woo! Woo!* 

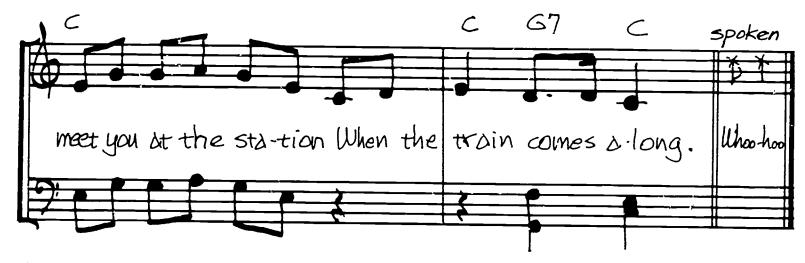
Let children form a train and "keep on a track" around the room, with or without obstacles. Let them act out the puffing engines, engineer pulling the lever, etc.

Units: Transportation



## When the Train Comes Along





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### WHEN THE TRAIN COMES ALONG

At the end of each song encourage the children to make the sound appropriate to the transportation used. Have some of them bring horns, whistles, etc., from home to make the sound.

In verses six and seven, let the children choose friends from the class to sing about.

A soft drum and a tambourine would help keep the rhythm of this song steady.

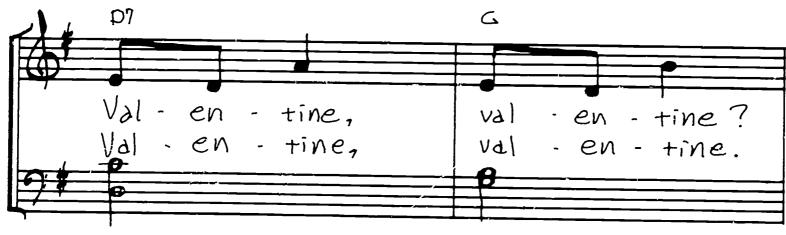
Sand blocks rubbed together make a good *choo-choo* in the verse about the train.

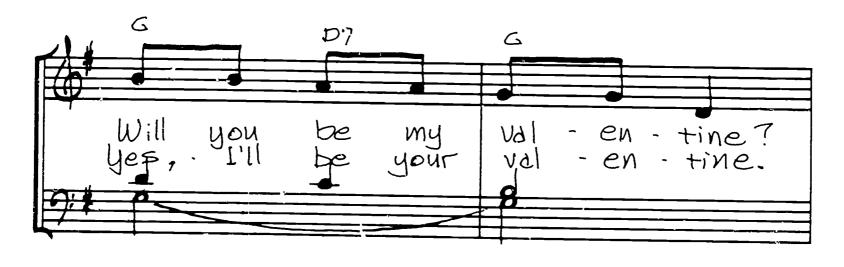
Units: Friends, Transportation.

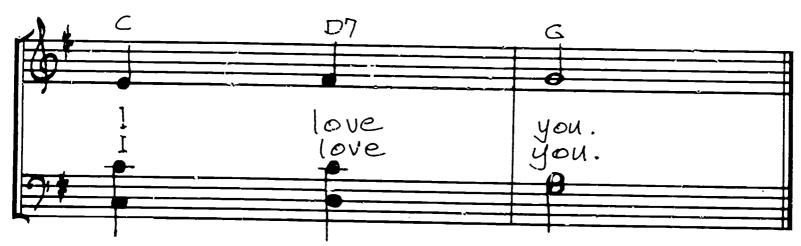


# My Valentine









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#### MY VALENTINE

Listen for the phrases that sound alike in both notes and words (measures 1 and 2, 5 and 6).

Use triangle or bells on the heavy accents (first beat of each measure) to enhance the song and to help teach and keep a sense of rhythm.

Ask the children why a drum, wood block, or rhythm sticks wouldn't sound good with this song (not suitable to the character of the song). This helps children to distinguish between moods of songs.

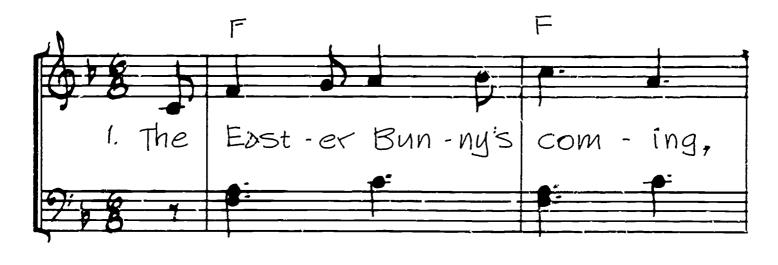
Have girls and boys alternate verses.

Have small groups sing alternating verses.

Units: Special Days of the Year, Valentine's Day.



## Easter Bunny's Coming







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- 2. He'll come when I am sleeping, sleeping, sleeping, the'll come when I am sleeping in my bed.
- 3. He'll leave an Easter basket, basket, basket, basket, He'll leave an Easter basket just for me.
- 4. I'll find some colored eggs and Easter candy,
  I'll find some eggs and candy just for me!

#### EASTER BUNNY'S COMING

Have your children hop like Easter Bunnies while they hear and/or sing this song.

By putting their hands up behind their head, the children can pretend their wiggling hands are the ears of the Easter Bunny.

Simple bunny costumes can be made by cutting out long ears from cardboard and coloring or painting them and then attaching the ears to the he. . with a headband. A big fluff of cotton taped to the child's clothing can be the bunny's tail.

Rhythm instruments should be used on the strong beats.

Units: Holidays, Easter, Animals.



## I am Bunny Pink Ears







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**75** 

### ! AM BUNNY PINK EARS

Have the children sing "loo" on the tone pattern, C down to A, which appears in the song on the words Pink Ears, basket, and Thank you, thank you.

Ask the children to raise their hands whenever they hear this tone pattern in the song. How many times does it appear? (Four times)

Play the tone pattern (C down to A) on the piano, resonator bells, song bells, or any other melodic instrument.

Dramatize this song.

Units: Animals, Easter, Holidays.



### Goblin in the Dark



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- 2. The goblin calls a witch, etc.
- 3. The witch calls a bat, erc.
- 4. The bat calls a ghost, ere.
- 5. The ghost says "Boo!", etc.
- 6. They all scream and screech, ere.

#### **GOBLIN IN THE DARK**

See if your children recognize this tune as similar to another familiar song. (Farmer in the Dell) This is sung in a minor key (note the Ab) to make it sound mysterious.

This song can be a game. Form a circle like Farmer in the Dell, with one child in the center as the goblin.

Verse 2 - The goblin calls a witch, etc.

Verse 3 - The witch calls a bat, etc.

Verse 4 - The bat calls a ghost, etc.

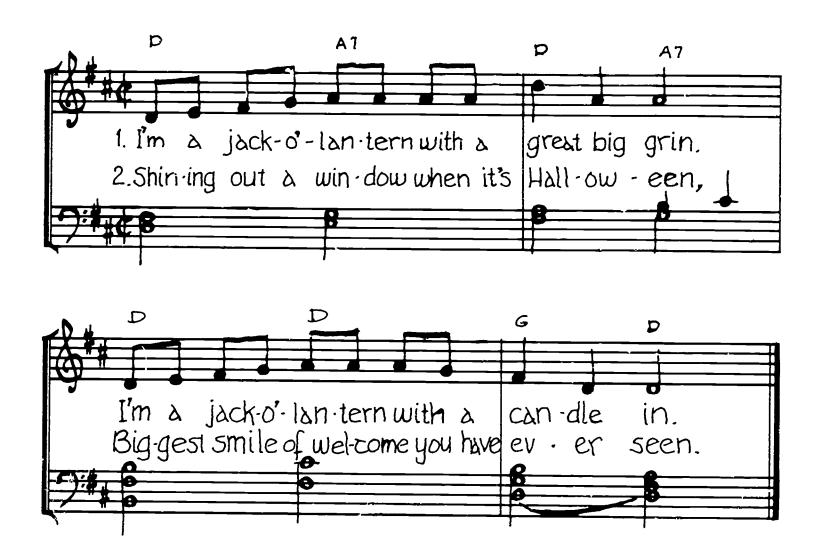
Verse 5 - The ghost says Boo, etc.

Verse 6 - They all scream and screech, etc.

Units: Halloween, Special Days of the Year.



### I'm a Jack-o'lantern



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### I'M A JACK-O-LANTERN

Teach the concept of up and down by using hand movements. Let the children use hand movements when they are singing up or down.

Ask the children; Do the notes move by step or skip? Which moves by step, which moves by skip? This teaches melody movement awareness.

What kinds of instruments could we use? (Rhythm sticks, drum, wood block).

Have the children carry Jack-o-lanterns they have made (they could even make them as masks) and parade while singing this song.

Units: Special Days of the Year, Halloween.



### Witches



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### **WITCHES**

There are only two phrases in this song.

Ask the children to listen (as you sing or play it for them) to see if they can tell how the second phrase melody differs from the first phrase melody. (Only the endings are different.) This will make the song easier to learn.

By hand levels (moving your hand up or down. as the melody moves up or down) you can show how the ending of the second line differs (they are really there!) from the ending of the first line (riding through the air).

Your children will want to be witches on this song. Let them sing on a neutral syllable, boo, woo, etc., as they pretend they are riding a broom, walking, gesturing, and making faces like witches on Halloween.

Let the children pretend to sing this song in a "scary" manner.

Units: Halloween, Special Days of the Year



## Five Fat Turkeys



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### FIVE FAT TURKEYS

Note the similarity of the music in the first two phrases.

See if the children know why the turkeys slept in a tree.

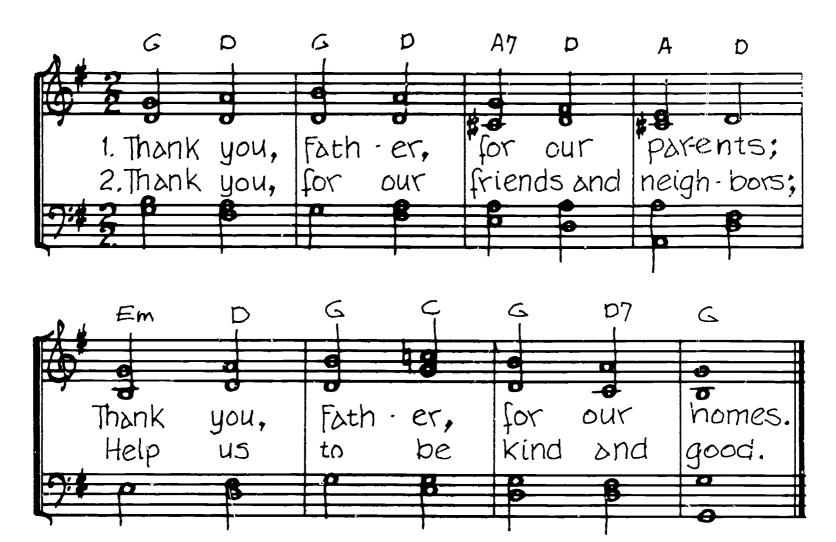
The children can act out this song at
Thanksgiving time, or any other time. Any
number can be substituted for the number five.
Some children can be the turkeys, others can be
the cooks trying to find the turkeys.

This is a good song to "strut" (like turkeys) to the rhythm. Add rhythm instruments such as drums, triangles, and rhythm sticks to add more interest.

Units: Holidays, Animals, Thanksgiving.



## Prayer of Thanks



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### **PRAYER OF THANKS**

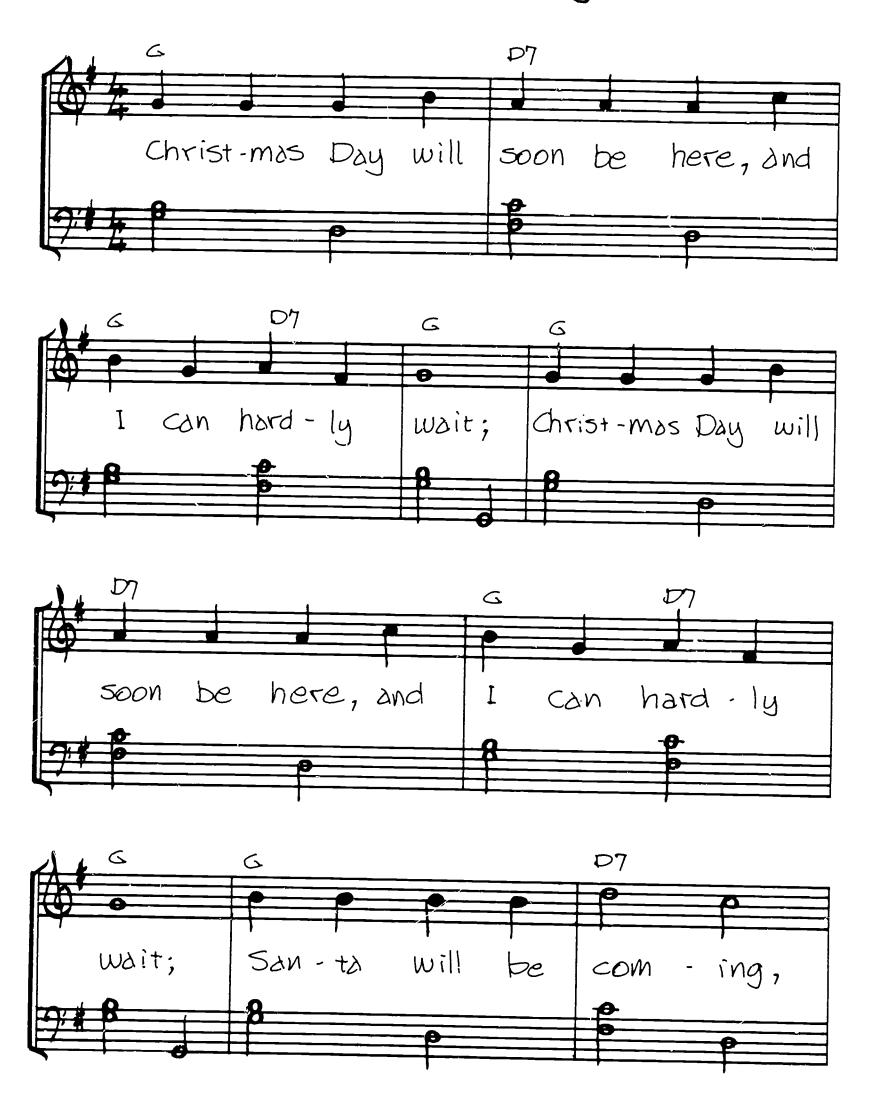
Although it is fun to sing about turkeys, explain to the children that the real meaning of Thanksgiving is a time set aside to be thankful for all the good things we have.

Have the children sing of other things to be thankful for.

This is a good song to show the children how the melody moves up and down by steps and that their voices move just a little bit for each succeeding note.

Units: Holidays, Thanksgiving.

## Christmas Day







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### **CHRISTMAS DAY**

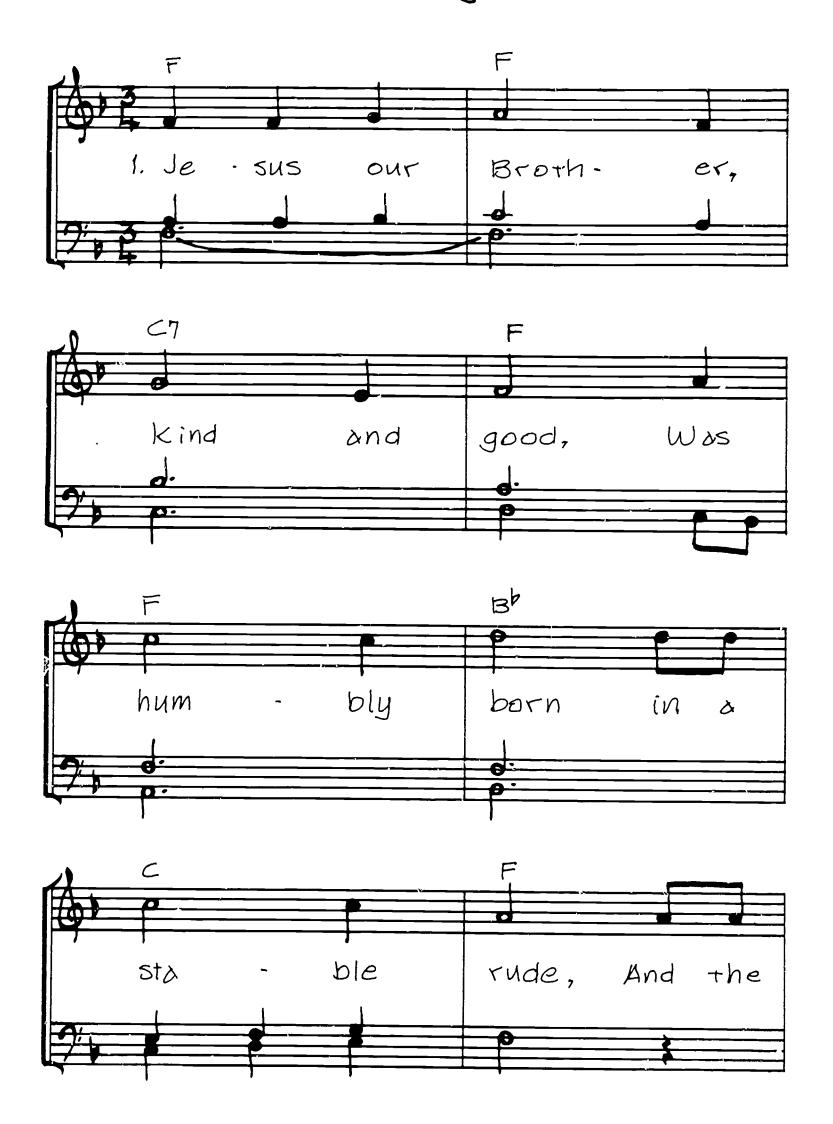
There are three phrases in this song that are exactly alike and one that is different. After singing it for the children sing it again on "loo" (or some other neutral syllable) and have them raise their hands when they hear the phrase with the different melody.

Be sure to have some or all of the children play bells, triangles, etc., to create the happy Christmas mood.

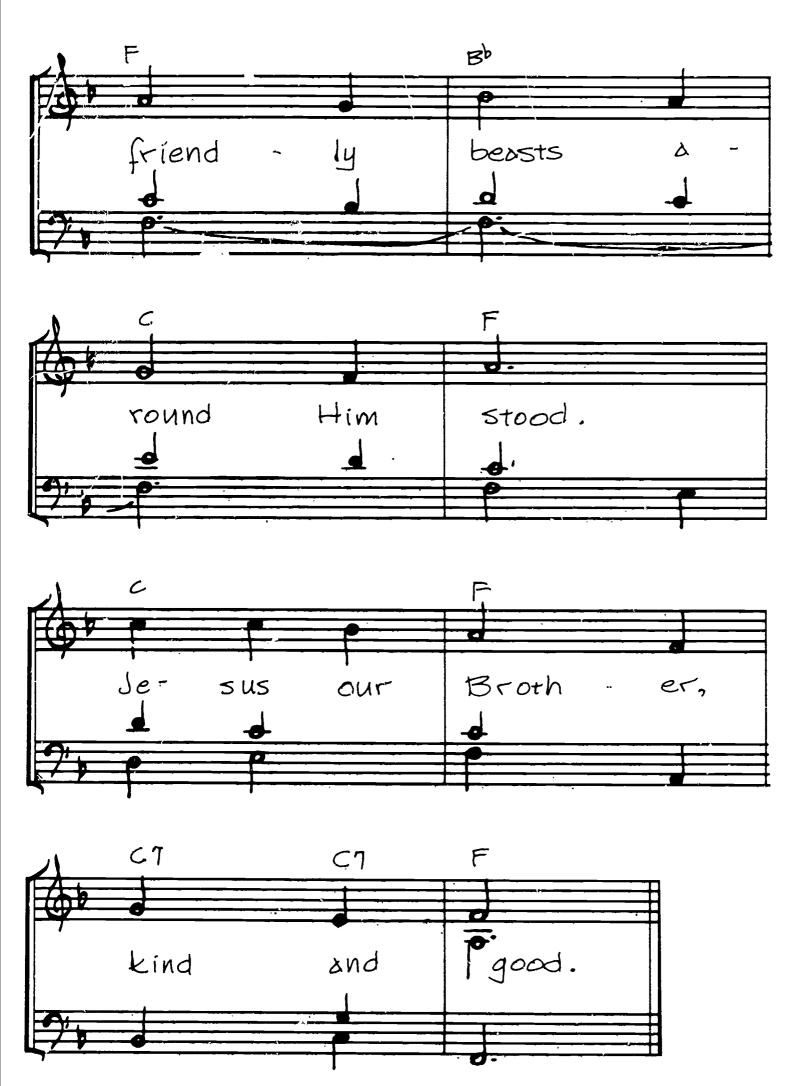
The repetition of words and music will make this song easy and fun to learn.

Units: Holidays, Christmas.

# The Friendly Beasts







From Making Music Your Own, Book 1, (c) 1968 General Learning Corporation. Used by permission of Silver Burdett Company.

- 2. "I," said the donkey, shaggy and brown,
  "I carried His Mother uphill and down;
  I carried His Mother to Bethlehem town,"
  "I," said the donkey, shaggy and brown.
- 3. "I," said the cow, all white and red,
  "I gave Him my manger for His bed;
  I gave Him my hay to pillow His head,"
  "I," said the cow, all white and red.
- 4. "I," said the sheep with curly horn,
  "I gave Him my wool for His blanket warm;
  He wore my cost on Christmas morn,"
  "I," said the sheep with curly horn.
- 5. "I," said the dove from the rafters high,
  "Cooed Him to sleep that He should not cry;
  We cooed Him to sleep, my mate and I,"
  "I," said the dove from the rafters high.
- 6. Thus every beast by some good spell, In the stable dark was glad to tell. Of the gift he gave Emmanuel, The gift he gave Emmanuel.

### THE FRIENDLY BEASTS

There are six verses in this song, four of which individuals or small groups can sing the parts of the donkey, cow, sheep, and dove. Everyone can sing the first and last verses.

Do a dramatization of this song which will correlate with an art project. Simple costumes and scenery can be made. The animal heads can be made out of paper sacks.

Units: Holidays, Animals, Christmas.



# We Wish You a Merry Christmas



From Making Music Your Own, Book 1, (c) 1968 General Learning Corporation. Used by permission of Silver Burdett Company.

- 2. Now bring us some figgy pudding, (3 times) And bring it out here.
- 3. For we love our figgy pudding, (3 times) So bring some out here.
- 4. We won't go until we get some, (3 times) So bring some out here.

### WE WISH YOU A MERRY CHRISTMAS

Since this is a Christmas song, have the children use bells, triangles or other ringing instruments to enhance the music.

Help the children to sing the song with bright "crispness," emphasizing the "sh" sound in the word wish, and the "s" sounds in the word Christmas.

This is a good song to sing after reading a favorite Christmas story.

Units: Holidays, Christmas.



# George Washington



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### **GEORGE WASHINGTON**

This is good to teach if you are learning about great men, presidents, or celebrating George Washington's birthday.

As you teach this song, have the children sway their bodies or arms in rhythm to the main pulses (beats one and four) of each measure. Have them pretend they are the cherry tree swaying in rhythm before George Washington cut it down.

Additional facts can make other verses such as:

There's something about George Washington you should know;
He also chopped down a cherry tree, many years ago.

Units: Famous Men, Presidents, Special Days of the Year, Patriotic Unit.



## Our Flag



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### **OUR FLAG**

This is a good song when you study about our flag and teach the Pledge of Allegiance to the children. You should review the words *pledge*, *allegiance*, and *Republic* so the children will have an understanding of the song.

After the song is learned, have a patriotic parade with flags and red, white, and blue hats. Let some of the children lead the parade, or have different groups take turns playing the drums and cymbals.

Play the record *Stars and Stripes Forever* by John Philip Sousa and let the children march.

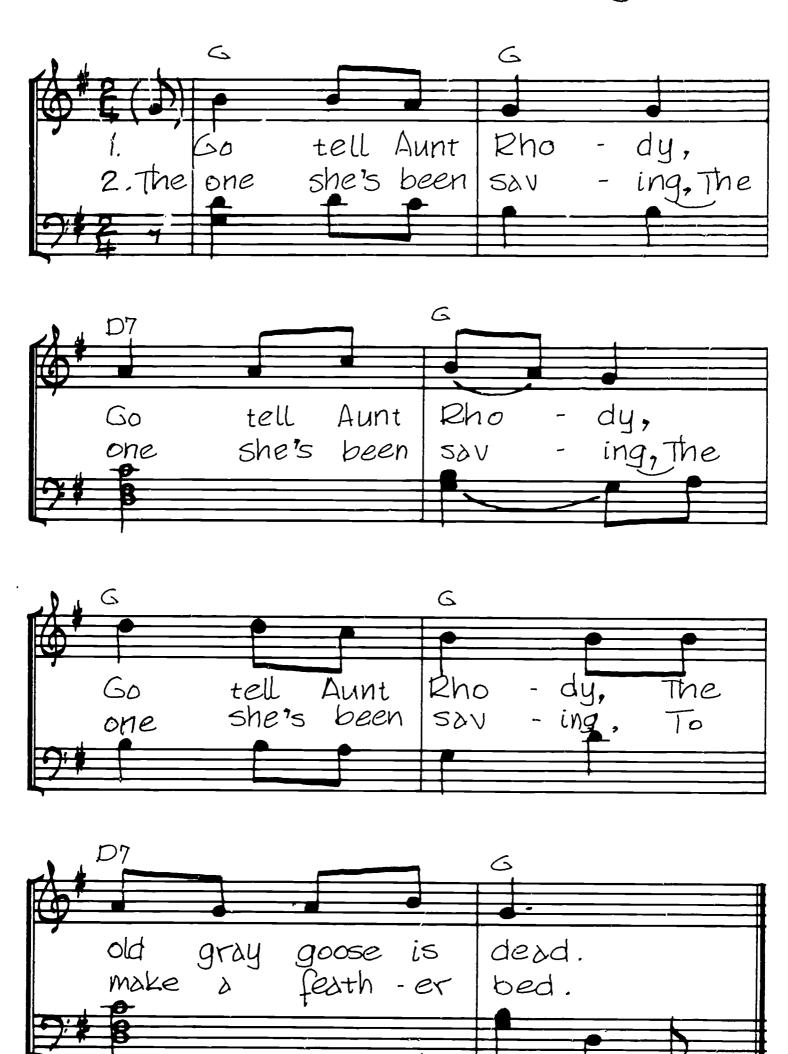
This would be a good time to begin talking and teaching our National Anthem, *The Star Spangled Banner*.

Have your class make up a patriotic play using patriotic stories, poems, songs, and records.

Units: Our Country, Patriotic Unit.



## Go Tell Aunt Rhody



From Making Music Your Own, Book 1, (c) 1968 General Learning Corporation. Used by permission of Silver Burdett Company.

- 3. She died in the mill pond, (3 times) Standing on her head.
- 4. The goslings are crying, (3 times) the old gray goose is dead.

### **GO TELL AUNT RHODY**

This is a favorite of many children. Have some of your children learn to play the accompaniment on the autoharp.

Read the words to the children and explain what a featherbed is, what goslings are and why they are crying.

Units: Animals, American Folk Customs.



# Hush Little Baby



From Making Music Your Own, Book 1, (c) 1968 General Learning Corporation. Used by permission of Silver Burcett Company.

- 2. If that mockingbird won't sing, Papa's gonna buy you a diamond ring.
- 3. If that di'mond ring turns to brass, Papa's gonna buy you a looking glass.
- 4. If that looking glass gets broke, Papa's gonna buy you a billy goat.
- 5. If that billy goat won't pull,
  Papa's gonna buy a cart and bull.
- 6. If that cart and bull turn over, Papa's gonna buy you a dog named Rover.



- 7. If that dog named Rover won't bark, Papa's gonna buy you a horse and cart.
  - 8. If that horse and cart fall down, You'll be the sweetest little one in town.

### **HUSH, LITTLE BABY**

Play a guessing game to see if the children can guess the rhyming word at the end of each verse.

Encourage the children to sir'g this song simply and smoothly like a folk song.

The verses are so short that a child, or several children could take turns playing the autoharp.

Units: American Folk Customs, Language Arts, Rhyming of Words.



## Jim-Along, Josie









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fast 2. Tiptoe along, Jim. a. long, Josie, erc.
slowly 3. Strut, Jim. a. long, Jim. a. long, Josie, erc.
fast 4. Run, Jim. a. long, Jim. a. long, Josie, erc.
fast 5. Jump, Jim. a. long, Jim. a. long, Josie, erc.
6. Do what you want, Jim. a. long, Josie, erc.

### JIM - ALONG, JOSIE

After the children have learned this song, teach them the directions, Face to the center, Hands on your knees! Clap three times and turn around, please!

The general action in the first verse can be that of walking. The other verses call for tip-toeing, strutting, running, jumping, and doing what they want.

This song can be "danced" in a circle.

(In order to keep the circle round, have the children dance around a table in the center.)

After the children learn the song and actions let the circle move in a different direction for each stanza.

Use rhythm sticks or a hand drum to keep the main beats of the measures steady. Light tapping on the drum or a triangle might be used on the "tiptoe" verse.

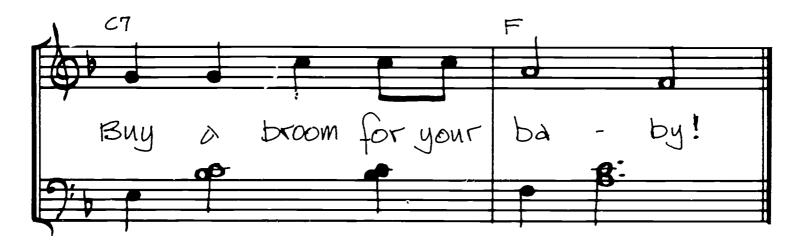
Units: Language Arts (following directions),
Number Concepts.



# Lady, Lady







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### LADY, LADY

Play or sing quietly and slowly as a lullaby and then louder and faster as a dance tune. See if the children can tell which sounds like a lullaby and which sounds like a dance.

After the children have learned the song, have them sing it as a luilaby, and then as a dance.

Play a triangle on the words, Lady, Lady.



# Eency Weency Spider



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### **EENCY WEENCY SPIDER**

This is an acting-out song using the fingers and arms.

The fingers together indicate the *eency* weency spider.

Wiggling the fingers upward indicates, went up the water spout.

A downward motion with the arms indicates

Down came the rain and washed the spider

out.

An outward, or spreading out motion of the arms indicates, *Out came the sun and dried* up all the rain.

The same finger motion as the first line is repeated for the last line.



Units: Insects, Language Arts (word rhyming).



## Fingers, Nose and Toes







From Sharing Music, Kindergarten, (c) 1966. Used by permission of American Book Company.

- 2. Put your fingers on your nose, then your cheeks, (2 times)

  Put your fingers on your cheeks and then leave them
  there for weeks,

  Put your fingers on your nose and then your cheeks.
- 3. Put your fingers on your nose, then your hair, (2 times)
  Put your fingers on your hair and then wave them
  in the air,
  Put your fingers on your nose and then your hair.

### FINGERS, NOSE, AND TOES

In the three verses of this song the actions refer to putting the fingers on the nose, toes, cheeks, and hair. Before teaching this song be sure the children are able to put their finger on their nose, toes, cheeks and hair.

As you sing this song to the children, do the actions and encourage them to do the same as they listen.

This is a good song to skip to the music.

After the children have learned all the verses encourage them to make up new verses.

Units: Language Arts (following directions, word study), Awareness of Body.

11-



## A Little Boy Went Walking



From THE MAGIC OF MUSIC--KINDERGARTEN
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- 2. He saw a shining river Go winding in and out, And little fishes in it Were swimming all about.
- 3. And as he watched the birdies Above the treetops fly, He saw the clouds go sailing. Across the sunny sky.
- 4. The bridge above the water was where he stopped to rest, And there along the bank was A little sparrow's nest.
  - 5. He saw the big church steeple, The flow'rs that summer brings. He said," I'll go tell Mother I've seen so many things."

### A LITTLE BOY WENT WALKING

This song-story lends itself to arm and hanc movements.

Have the children clap the rhythm (**IIII**), then have them skip to this rhythm. Change the word *walking* to "skipping" in the first verse.

By changing the rhythm slightly to a faster rhythmic pattern ( ) the children can run while the sing A little boy went running, etc.

The same thing can be done with "walking." In this case the rhythm pattern should be slow and even ( ).

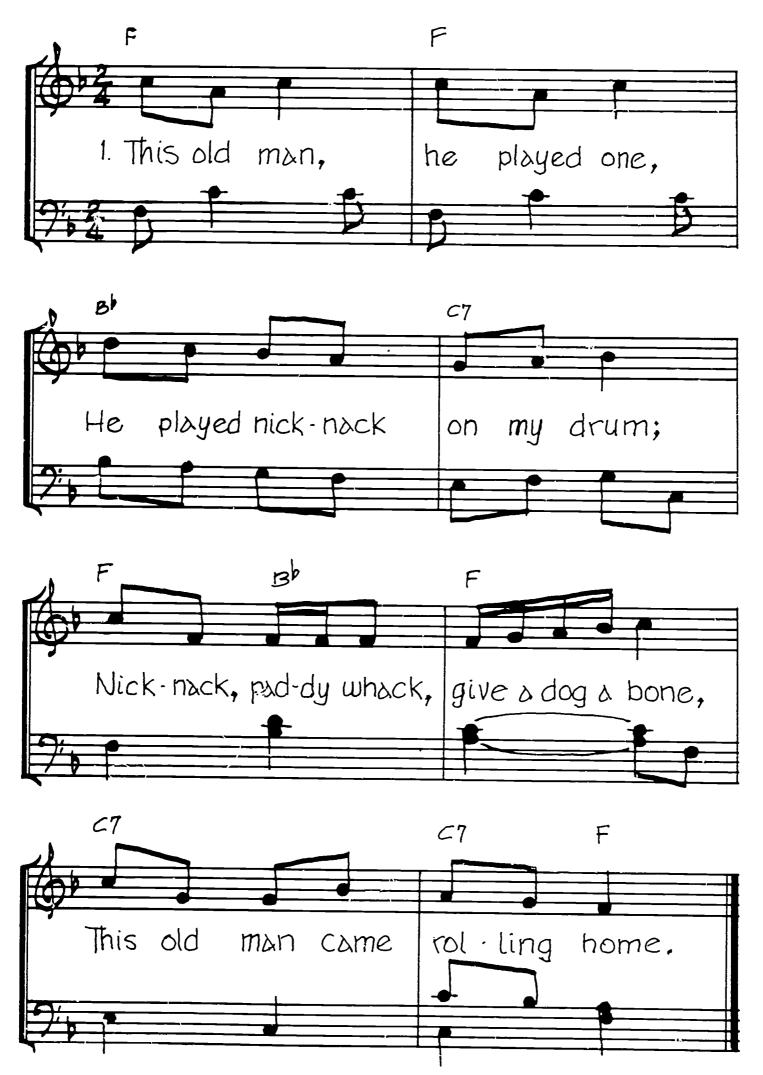
You as the teacher can sing these various rhythms by leaving out the word "walking," "skipping," or "running," and let the children guess what word hould be inserted. (Involves auditory and kinesthetic perception.)

Have the children clap when they feel the heavy beat (or pulse). Rhythm instruments may be used in the same way.

Units: Home and Community.



# Nick-Nack, Paddy Whack



From Making Music Your Own, Book 1, (a) 1968 General Learning Corporation. Used by permission of Silver Burdett Company.

- 2. This old man, he played two. He played nick-nick on my shoe.
- 3. This old man, he played three, He played nick-nack on my tree.
- 4. This old man, he played four, He played nick-nack on my door.
- 5. This old man, he played five, He played nick-nack on my hive.
- 6. This old man, he played six, He played nick-nack on my sticks.
- 7. This old man, he played seven, He played nick-nack on my oven.
- 8. This old man, he played eight, He played nick-nack on my gate.
- 9. This old man, he played nine, He played nick-nack on my line,
- 10. This old man, he played ten, He played nick-nack on my hen.

#### NICK-NACK, PADDY WHACK

In this song, have the children pantomine the numbers with the use of their fingers, and the action implied in *He played nick-nack on my shoe* (point to shoe, or touch shoe), etc. The children will want to suggest other words that rhyme with the numbers, for instance, they might

sing "He played nick-nack on my floor," instead of door.

Have the children suggest additional verses for additional numbers.

Units: Number concepts, Rhyming of Words.



### Where is Thumbkin?



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- 2. Where is Pointer?
- 3. Where is tall man?
- 4. Where is ring man?
- 5. Where is little man?
- 6. Where's the family? (Here we are.)





#### WHERE IS THUMBKIN?

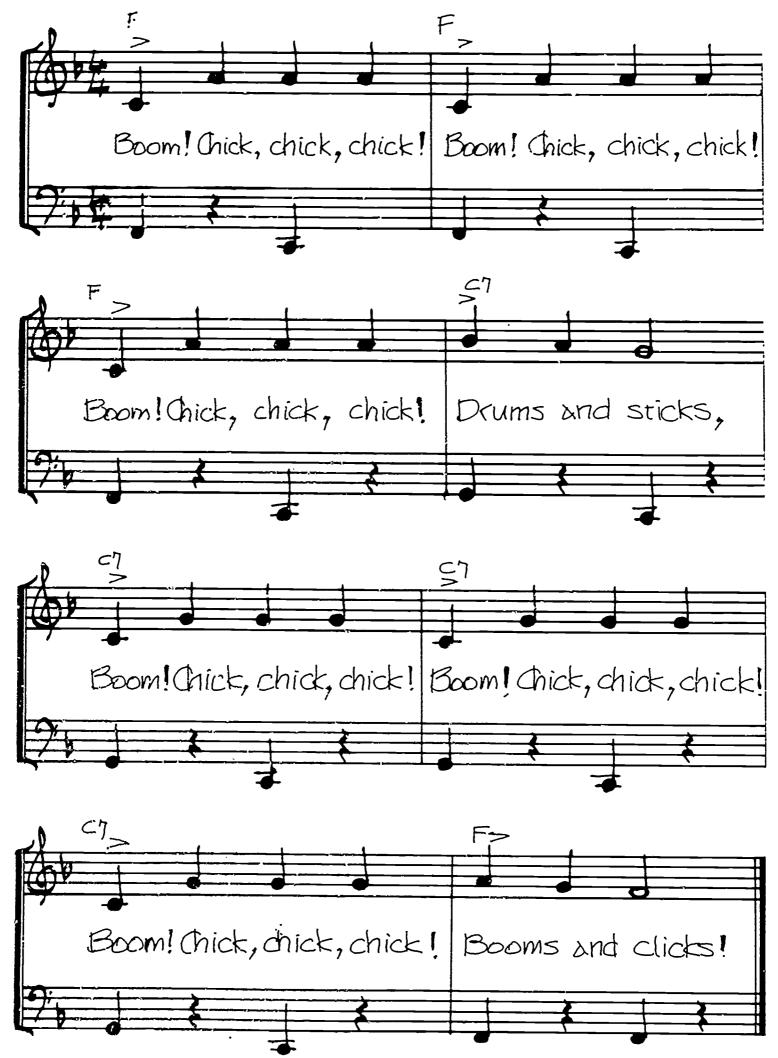
This is a favorite finger game for children which can teach them about their fingers and hands. The children wiggle the finger or fingers they are singing about as they put their hands behind their backs on the words *Run away*, *run away*!

The song can be varied by using the names of the children. For example, "Where is Johnny," or "Where is Susan?," etc. Let that person answer by singing, "Here I am, here I am!" and "Very well, I thank you!"

Units: Body Awareness.



### Drums and Sticks



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### **DRUMS AND STICKS**

As you teach this to the children, have them clap when they hear the word *Boom*. Later, have them clap or tap on their desks on the words chick, chick, chick.

After the song is learned, let some play the drum on the word, *Boom* and some play sticks or blocks on *chick*, *chick*, *chick*. In order for the children playing the sticks or blocks to feel all the beats have them play an imaginary beat in the air when the drum is playing.

Have a parade with marching and instruments.

Units: School Activities (the school band).



# Hickory, Dickory, Dock



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### HICKORY, DICKORY, DOCK

Ask the children what rhythm instruments sound most like the ticking of a clock (tone block, wood block, rhythm sticks). Does the ticking of a clock make an even sound or an uneven sound?

Let a group of children sing the song while others do the ticking of the clock by using tone block, wood block or rhythm sticks.

Have the children act out the song. Some of the children can be mice darting in and running around make-believe clocks. Some of the children will want to make various kinds of clocks and pin them on themselves and use their arms or bodies as the pendulum of a grandfather clock.

When the children sing, *The mouse ran down*, someone can play a glissando with the mallet from right to left on the tuned bells, or with their finger or fist from right to left down the piano keyboard. Still others can sing the song or play the instruments for ticking sounds.

Various numbers can be substituted for

The clock struck one and let someone or a small group use triangles to strike the correct number of times the clock struck.

Units: Number Concepts, Time.



# My Fiddle



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### MY FIDDLE

This tune is easy to learn since the first four measures are exactly like the last four measures. Have a picture or chart of the instruments of the orchestra so you or the children can point to each one as you sing about it.

While the children are learning the song, encourage them to pretend they are playing the instrument.

In subsequent stanzas use the words trumpet, trombone, bass drum, cymbal, clarinet, xylophone, tambourine, etc.

If you have a good group of singers, and after the song is learned, it is fun and easy to do as a round. After one group sings / would like a fiddle, fiddle, fiddle, then the second group begins.

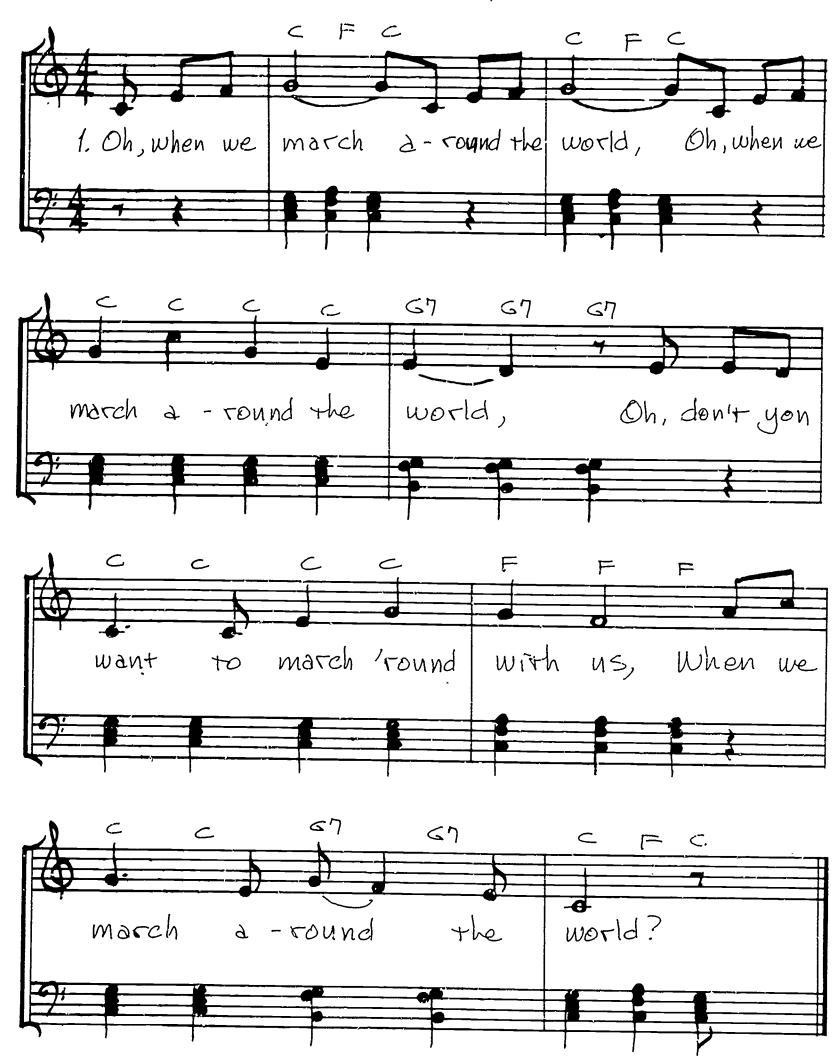
When the class sings about rhythm instruments let some of the children play that instrument.

Units: Orchestra, School Activities (band or orchestra organizations)



مرئس

### When We March



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- 2. Oh, when we clap ( ) ) our hands like this ( ).
- 3. Oh, when we jump ( ) 1) our feet like this (11).
- 4. Ch, when we wave our hands up high.
- 5. Oh, when we skip around the moon.

### WHEN WE MARCH

As you teach this song, let the children form a parade and march around the room.

Let some of the children play rhythm instruments while the rest march or some of the children may wish to play and march at the same time.

The second, third, fourth, and fifth verses suggest other actions to the rhythm of the song. The children will have additional suggestions.

Units: Language Arts (following directions, thinking and doing).



### **SINGING ACTIVITIES**

**FOR** 

INTERMEDIATE AND SECONDARY LEVELS



# SINGING ACTIVITIES FOR INTERMEDIATE AND SECONDARY LEVEL

### A. Approaching Music at the Intermediate and Secondary Levels:

Many of your children will have had little experiences with music and will therefore enjoy and learn from the suggested program at the primary level. The basic presentation at the intermediate and secondary level is similar to the primary level. The choice of songs, records, the use of instruments, etc., will be at a level in keeping with their chronological age. For instance, teaching the song and dance, *Skip To My Lou*, has more appeal to the intermediate and secondary children in your classes than the song *Pickory*, *Dickory Dock*. Folk and patriotic songs appeal to this age group. Many of the suggested songs, records, stories, etc., will be useful in each group.

#### B. Special goals for developing:

#### 1. Appreciation

- (a) to participate in a varie of musical experiences with enthusiasm, pleasure, satisfaction.
- (b) to respond with feeling to various moods in music sung, heard, and played.
- (c) to become aware of phrases sung and heard.
- (d) to become aware of contrasting music; a dance and a lullaby, a sad song and a happy song, a cowboy song and an Indian song, etc.

#### 2. Competency

- (a) to recognize the difference between up and down or repeated tones in the melody.
- (b) to recognize skips and steps in the movement of the melody.
- (c) to recognize whether the rhythm moves with a feeling of two's or three's.
- (d) to identify by sound and sight some of the common musical instruments (violin, clarinet, trumpet, piano, cello, oboe, French horn).
- (e) to sing more accurately within the student's range.
- (f) to vary the tone quality of the singing to suit the mood of the song.
- (g) to sing simple two-part rounds such as Are You Sleeping? and Row, Row, Row Your Boat.
- (h) to play simple tone patterns on the piano or bells to accompany singing.
- (i) to play simple rhythmic patterns on rhythm instruments to accompany singing.
- (i) to play simple autoharp accompaniments.
- (k) to move with rhythm in action songs and singing games.
- (I) to clap with the right accent.
- (m) to show melodic direction with up and down hand levels.
- (n) to recognize directions of skips and steps in melodies.



### 3. Music concepts

- (a) of direction of melody--up, down, or stay the same.
- (b) of movement of melody--skip, step, or repeated tones.
- (c) of rhythm--fast or slow, even or uneven.
- (d) of phrases--music has sentences just as when we speak.
- (e) of chord changes.
- (f) of the way we feel.
- (g) of expressing our moods or feelings.
- (h) of movement in melody, rhythm, and harmony.

### C. The Songs:

The next several pages of music have added teaching suggestions.

# Bingo



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### **BINGO**

The children will enjoy clapping to the basic rhythm of this song (two beats per measure).

This may be sung just as it is, or repeated, dropping one letter at a time and substituting a clap as *Bingo* is spelled out, until you have five claps and no letters. For instance, B-I-N-G-(clap).

Units: American Folk Customs.



### Canoe Song



My pad-dle's keen and bright, Flash-ing with sil-ver.



Fol·low the wild goose flight, Dip, dip, and swing.

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### **CANOE SONG**

If you have any recordings of American Indian songs let the children listen to them and keep time with drums.

Tell the children how the Indians used to play drums to send signals as well as to accompany their dances. They sang to their children as they worked. They used their voices, instruments, and dances in their ceremonies, prayers, and for enjoyment. All of the Indian melodies are sung, or chanted, on a few tones; usually five tones.

Emphasize the feeling of the syncopated rhythm of this song by clapping the first three or four notes in each measure as you sing, then by clapping without singing. Then have the children imitate your rhythmic clapping.

Speak the words and rhythm several times before attempting to sing it.

If you have a good class of singers, you might attempt a round by dividing the class into two groups (try to have a good lead singer in each group). One group starts out by singing the song all the way through. The second group starts when group one finishes the first phrase My paddle's keen and bright. However, if you and the children are familiar with Row, Row, Row Your Boat or Are You Sleeping, you might sing these as rounds first to see if your group can sing rounds. Usually, the song is done two or three times all the way through.

Let some of the children see if they can keep a steady *Indian* beat throughout the song.

This song can be dramatized.



# Deaf Woman's Courtship



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- 3. Old woman, old woman, Will you darn my stocking (Z times) Speak a little londer, sir! I'm ver hard of hearing.
- 4. Old woman, old woman, Will you let me court you? (zrimes) Speak a little louder, sir! I just begin to hear you.
- 5. Old woman, old woman, Don't you want to marry me? (zrims) Oh, my goodness gracious me! I think that now I hear you!

### **DEAF WOMAN'S COURTSHIP**

Explain what *carding* is--using a comb or brush to prepare wool for spinning.

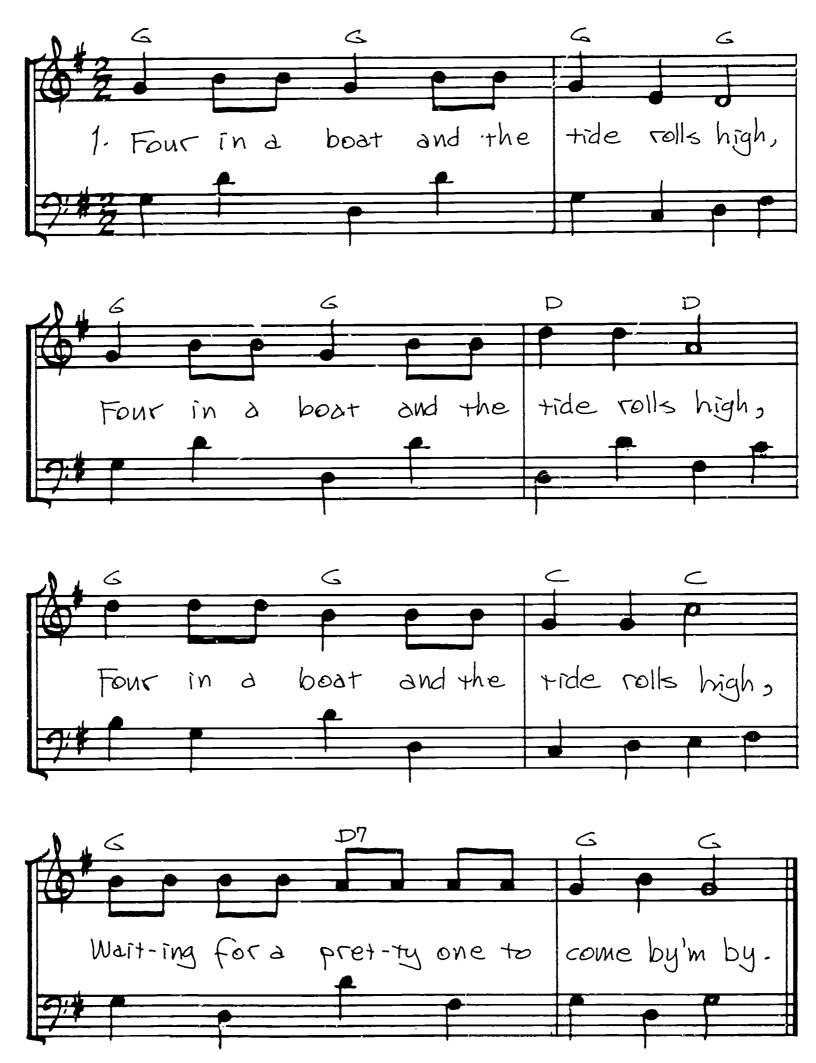
Have the children listen for the phrases which are alike in both music and words.

This may be used as a question and answer song. Have the girls pretend they are old ladies hard of hearing.

See if the children understand the joke of the song (verses four and five).

Units: American Folk Customs (folk song).

### Four in a Boat



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- 2. Choose your partner and stay all day, (3 times) We don't care what the old folks say.
- 3. Eight in a boot and it won't go round, (3 times) Swing that pretty one you've just found.

#### **FOUR IN A BOAT**

Have a group of four children act out the first verse while the rest sing. Then have the group choose other children as partners to act out the second verse. In the third verse eight children can act out the boat's getting full.



# Home on the Range





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#### **HOME ON THE RANGE**

One of the most well-known of all songs that cowboys sang as they rode peacefully on the open range is *Home on the Range*.

As the students listen, see if they can tell if the song should be sung fast or slow, softly or loudly.

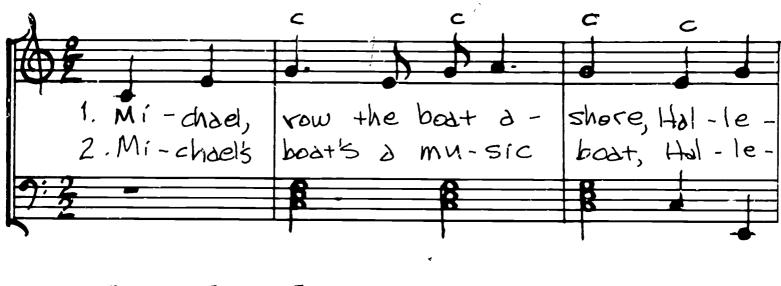
Begin by teaching the refrain first and the verse at a later time.

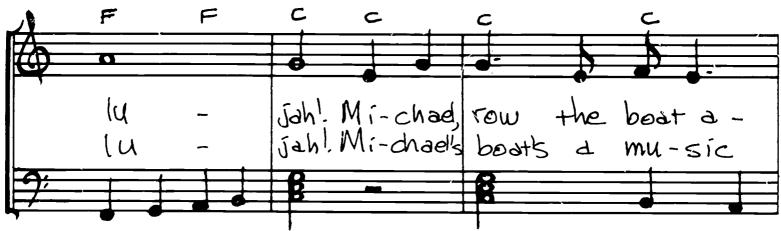
Ask the students to tell what kind of instruments would sound like a horse trotting (tone blocks, wood blocks, coconut shells) and what kind of rhythm would be appropriate.

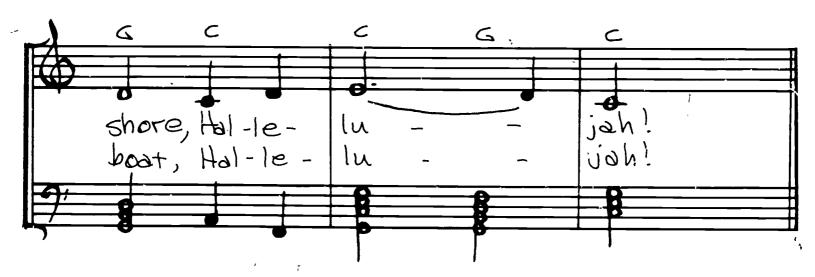
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Units: The West, Customs of Our Country, Occupations.

# Michael, Row the Boat Ashore







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- 3. Michael, row the boot ashore, Hallelyjoh! (2 times)
- 4. Sister, help to trim the sail, Hallelujah! (2 times)
- 5. Michael, row the boot ashore, Halle lujah! (Z times)

### MICHAEL, ROW THE BOAT ASHORE

The children, by using large arm movements, will imagine they are rowing a boat and at the same time be keeping the rhythm of the song.

This helps to improve large motor coordination.

Have groups of children take turns with one group singing the words and another group responding on the *Hallelujahs*. Maybe boys and girls can alternate.

Some can keep the rhythm by playing a soft drum, softly tapping a tambourine or clapping.

Units: Social Studies (American folk customs).



### New River Train



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- 2. Oh, darlin', I can't love one. (Z Times) I con't love one, for my journey's just begun, Oh, darlin', I con't love one.
- 3. Oh, darlin', you con't love two, (2 rimes) You can't love two, there'll be trouble if you do, Oh, darlin', ex.
- 4. Oh, darlin', you coult love three, (2 times) You coult love three and still be true to me.
- 5. If you love four, then you might as well love more.
- 6. You can't love five, you'll be sorry you're alive.
- 7. you cont love six, for six will never mix.
- 8. If you love seven, then it might as well be 'leven.
  9. you can't love eight, on a date they'll show up late.
- 10. You can't love n'me, keep them dongling on a line.
- 11. You can't love ten When can I see you again?

#### **NEW RIVER TRAIN**

This is an American folk song your boys and girls will enjoy because of its rhythm and nonsense words.

Encourage the students to clap on either the first beat or first and third beats of every measure.

After your students learn the song, have them clap on the rhythm of the melody as they sing.

Divide the class into two groups and have one group clap on the first and third beats of

each measure and the rest sing and clap the melody rhythm.

Sand blocks rubbed together make a good train chugging sound and they can be played on every beat or on the first and third beats.

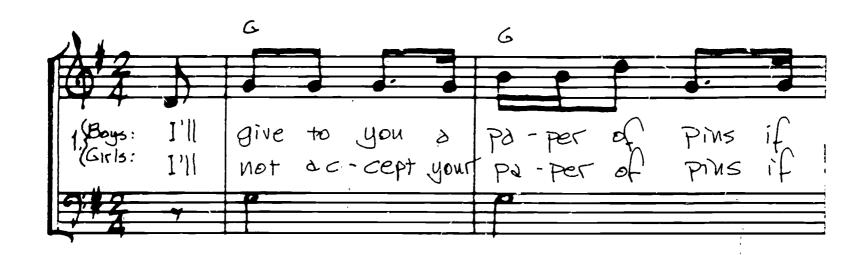
The brackets connecting two words in the verses mean that those words are to be sung on the same note and same beat.

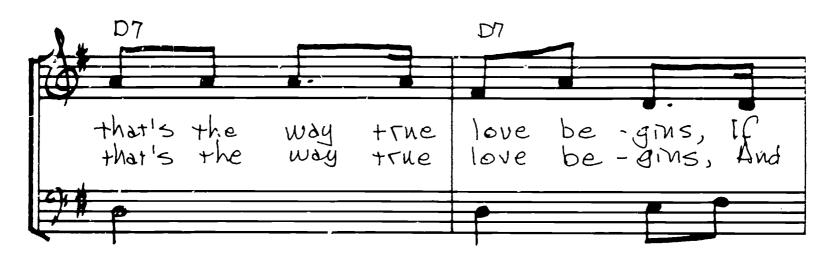
This is a good song to use with guitar or autoharp accompaniment.

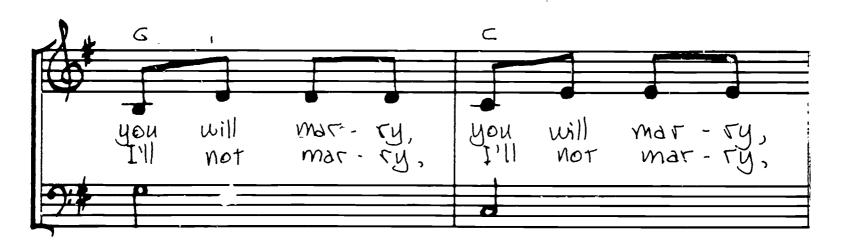
Units: American Folk Customs.

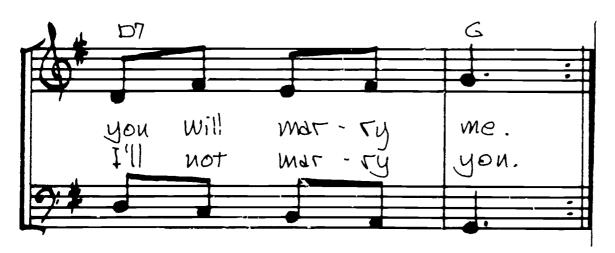


## A Paper of Pins









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Boys: I'll give to you a dress of red, stitched all around with golden thread, airds: I'll not accept your dress of red, " " " " " " "

By: I'll give to you a dress of green, that you may look like any queen. B. Girls: I'll not accept your dress of green, ac.

Boys: I'll give to you a dress of blue, to prove to you my love is true. Girls: ['ll not accept, en:

5. Girls: I'll not accept . etc.

Boys: I'll gire to you the key to my heart, that we may marry and never part, cirls: I will accept, erc.

### A PAPER OF PINS

This is an old Kentucky answer-back-andforth song which will appeal to your students because of its repetition.

Note the even and uneven rhythms in this song. Have the students clap or tap the rhythm with the end of their pencils on the desk.

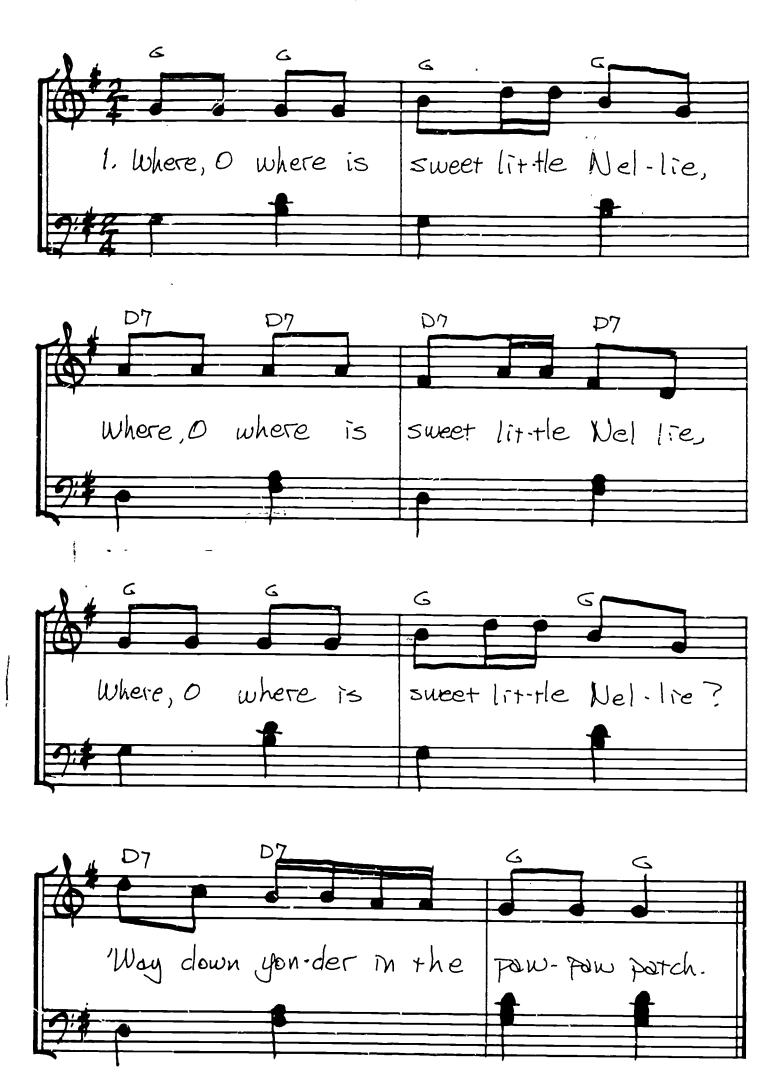
After the students learn the tune, write the rest of the verses on the chalkboard or give them a dittoed copy of the words. Have the boys and girls alternate singing the appropriate part of the verses.

See if the class understands the story and what it is that finally makes the girl decide to marry the boy.

The autoharp accompaniment is easy for some of your students to play. Let various students take turns playing on different verses.

Units: The South, Folk Customs of Our Country.

### Paw-Paw Patch



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- Z. Come on, boys, let's go find her, (3 times) Way down yorder in the paw paw patch.
- 3. Pickin' up Paw-paws, Put'em in her pocket, (3 mms) Way down yonder in the paw-paw patch.

#### **PAW-PAW PATCH**

Explain that a Paw-Paw is an oblong yellow fruit of a tree in the central and southern part of the United States.

This is a good clapping song. Encourage the children to clap twice per measure. Some can use rhythm sticks or wood blocks to keep the rhythm steady.

A simple singing game can be played as follows:

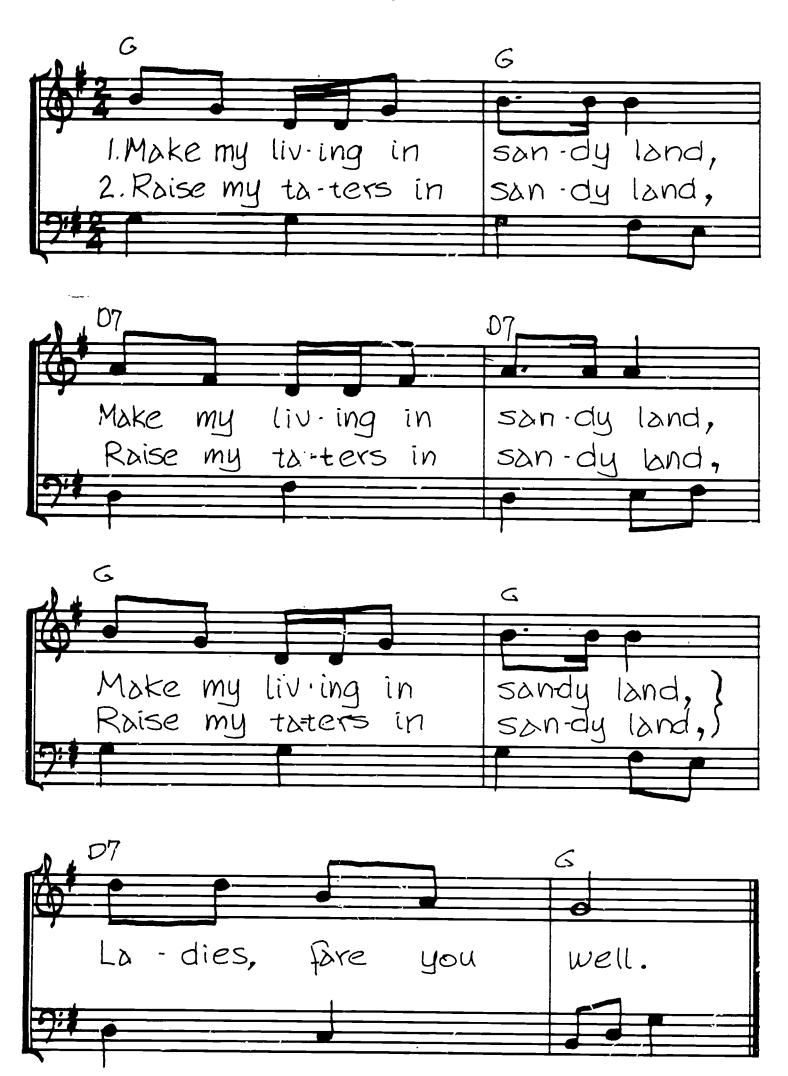
Form two circles, one inside the other-hoys in one circle, girls in the other circle.

- 2. On the first verse, the girls skip around the circle as they sing Where, O where is sweet little Nellie, etc.
- 3. On the second verse, the boys skip around the circle in the opposite direction singing Come on boys, let's go find her, etc. Suggest to them that they beckon with their arm each time they sing the words, Come on, boys.
- 4. On the third verse have the girls and boys join partners and skip along as they bend over and pretend to pick up paw-paws and put them in their pockets.

Units: American Folk Customs



# Sandy Land



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3. Keep on digging in sandy (and, (3 times) Ludies, fare you well.



### **SANDY LAND**

Sing with lively spirit and good rhythm. This is a good song to clap on the heavy accents (1st. beat of each measure).

Explain *taters* (potatoes) to the children and the fact that potatoes grow well in sandy soil.

To act out this song, have the children pretend they are planting *taters* (1st verse), watching them grow (2nd verse), and digging *taters* (3rd verse).

What rhythm instruments might be used? (Wood blocks, cymbals, rhythm sticks)

Units: American Folk Customs, Science (plants).





### Skip to my Lou









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- 2. I'll get another, a better one, too. Refrain.
- 3. Can't get a redbird, a bluebird'll do. Refrain.
- 4. Cat's in the buttermik, skip to my Lou. Refrain
- 5. Flies in the sugar bowl, shoo, fly, shoo! Refrain.

### SKIP TO MY LOU

This is easy to clap to. It feels most natural to clap twice in each measure.

Your students will enjoy doing this lively singing game:

- Form a circle, facing inward, with the boy's partner on his right.
- 2. One child is in the center of the circle.
- 3. The children in the circle sing and clap to the rhythm of the song. (If it is difficult for any to do both, then allow them to either sing or clap.)
- 4. The child in the center skips around the inside of the circle during the verse part of the song. At the beginning of the refrain he/she chooses a partner and they skip around together. Then both rejoin the circle.
- On the next verse, the new partner skips around the circle and chooses another partner, and so on.

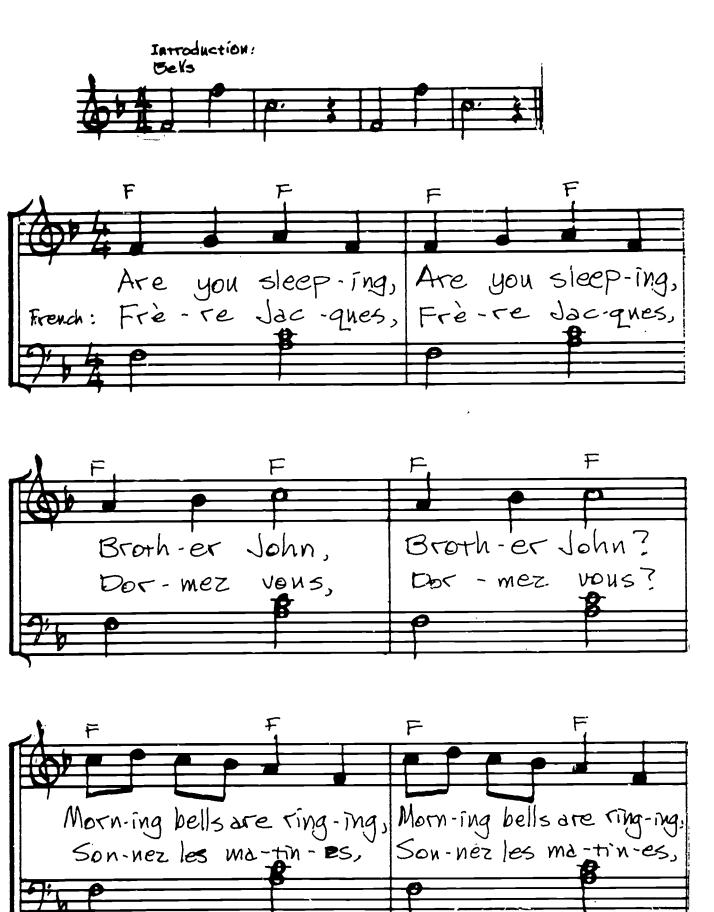
For contrast, sing and clap alternate verses softly and slowly.

Encourage the playing of rhythm instrument accompaniment.

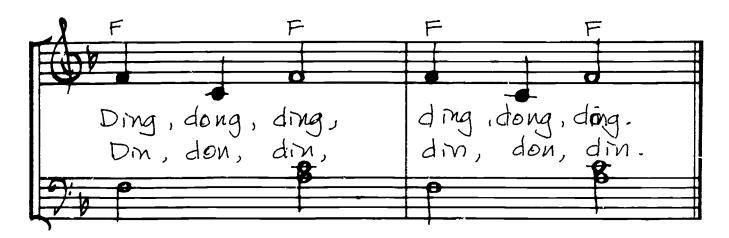
Units: American Folk Customs.



# Are You Sleeping?







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#### **ARE YOU SLEEPING?**

This is a favorite round sung in many countries. The languages we most often hear it sung in are English and French (Frere Jacques).

Begin the song by singing softly. Then progressively sing each phrase louder until the last *Ding*, *dong*, *ding*. Sing these more softly and a bit slower.

To make a hell-like accompaniment, have someone play an F on a tone bell or piano at the beginning of each measure. Rhythm sticks, tone block or wood blocks played on every beat throughout the song sound like the "tick-tock" of a clock. What other sounds might be made?

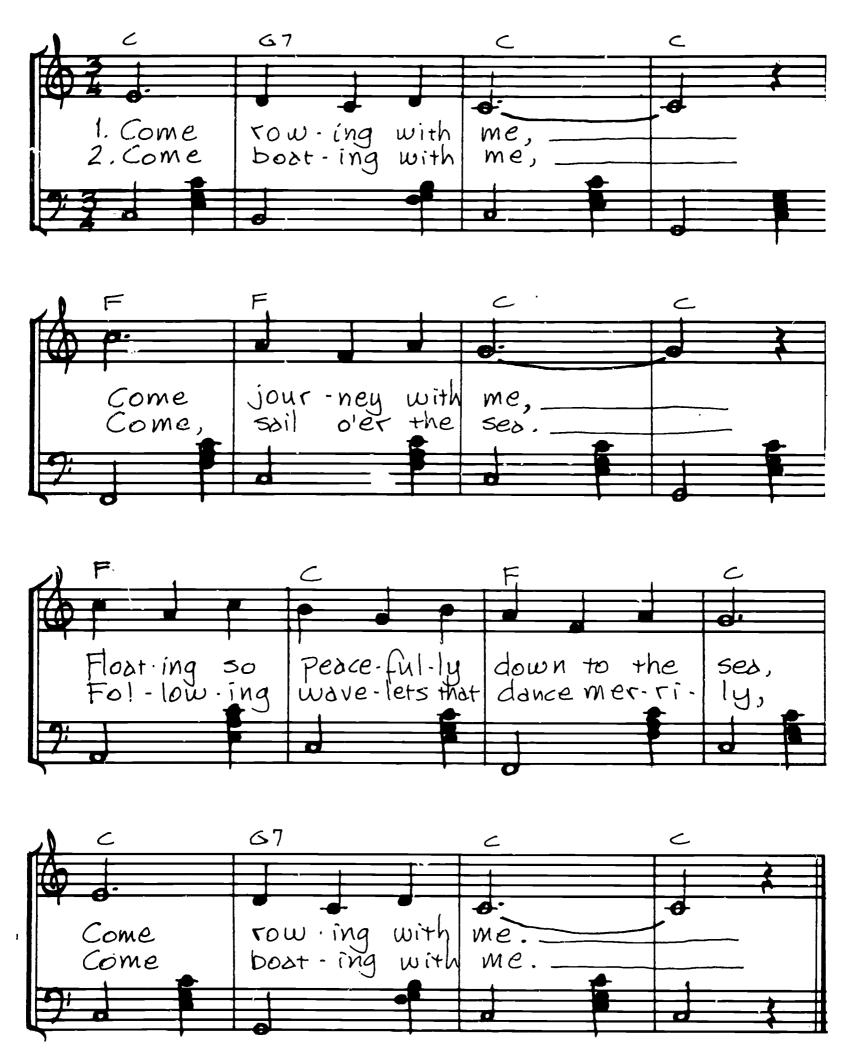
After the students sing this song well, begin to play the melody on the bells or the piano as they begin singing the words *Brother John*. After they have heard the song several times like this, have a group sing the words along with you as you play this part on the bells or piano. This is a two-part round and will be excellent preparation for part singing.

If you can pronounce the French words, encourage your students to sing in French.

This type of listening and singing helps the development of concentration and increases the attention span.



# Come Rowing with Me



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#### **COME ROWING WITH ME**

Sing this song smoothly, imagining you are a gently rolling boat on a calm, beautiful lake.

Have the students pretend they are rowboats and "row" to the rhythm by moving their arms from side to side.

To help in hearing harmony have someone play the bell part on tone bells or piano while the rest sing the melody.

Ask the students if this would be a good song to use with a drum or cymbal accompaniment. Why not?

Where is Italy? What sea is referred to in this song?

Units: Geography of European Countries,
Natural Resources, Recreation.



## Go to Sleep, My Darling



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#### GO TO SLEEP, MY DARLING

This is a lullaby to be sung quietly and smoothly.

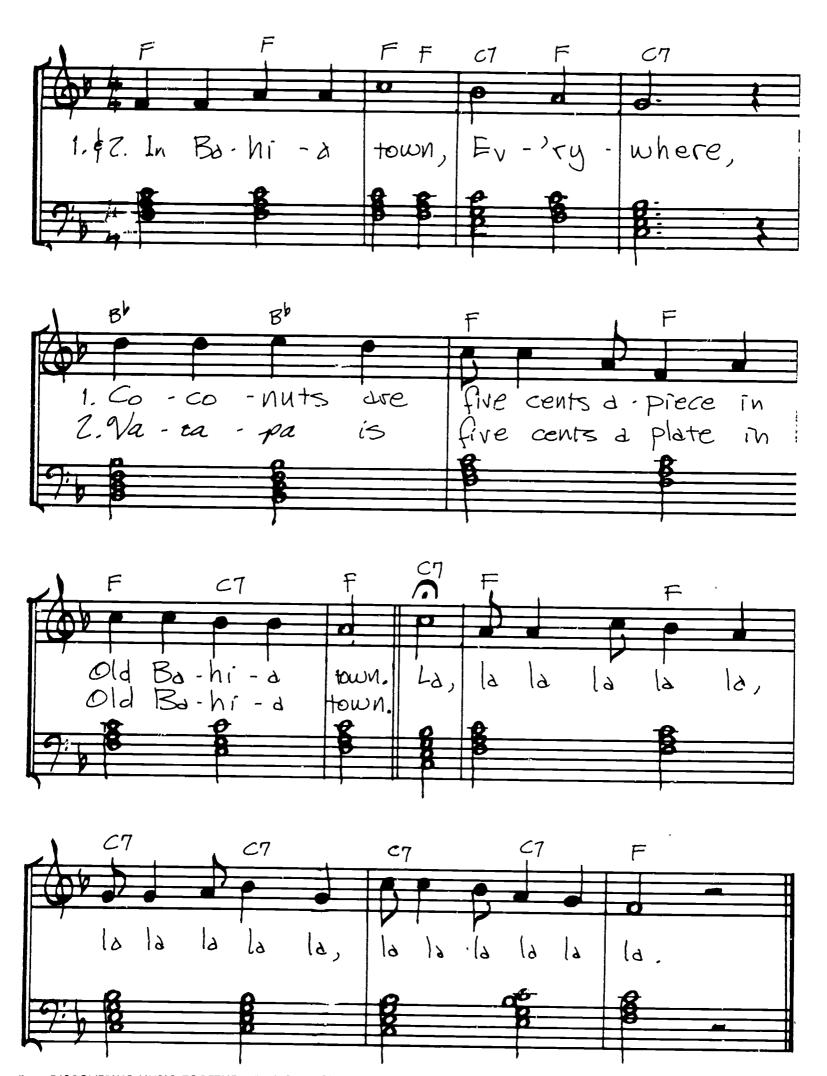
Have the students tell you if the melody moves by step or skip. Is this a smooth, even rhythm or a jerky, uneven rhythm?

Let the students take turns playing the simple, two-chord autoharp accompaniment on this song.

An interesting harmony part with the tone bells, tuned bottles, piano, or other instrument will help the students prepare for part singing. Following note by note, the harmony part might be played or sung a third above the melody line:



## In Bahia Town



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#### IN BAHIA TOWN

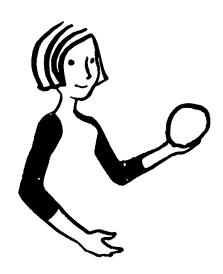
Tell your students that Bahia is a town in Brazil, and that *Vatapa* is a common national dish similar to our hot dogs in the United States.

Have the children clap the rhythm of the melody in the refrain. After they learn this, have some of them play the rhythm with the maraca, rhythm sticks, or tambourine.

This uneven rhythm, with its particular kind of accent is called <u>syncopation</u>.

Encourage the students to make up other rhythms with a drum, or with other appropriate rhythm instruments.

If coconuts are five cents apiece, how much money would three coconuts cost, etc.?



Units: Folk Customs of South American, Number Concepts.



### Morning



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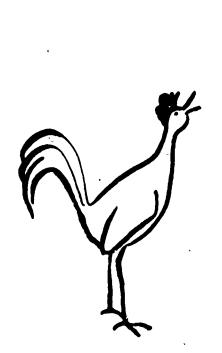
#### **MORNING**

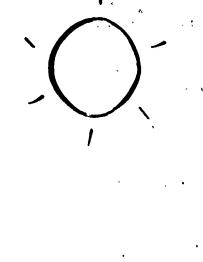
This is a lively song to sing in the morning. On the first two wake ups see if the students cantell if the melody moves by step or skip, and up or down.

Two easy autoharp chords are used throughout the song which the students will be able to play by ear. As you play the autoharp encourage them to listen for the chord change and raise their hands when they hear it.

The 4 pattern is easy to clap-touch-touch in order to feel the rhythm. (Clap both hands together on the first beat. Touch the palms on beats two and three.)

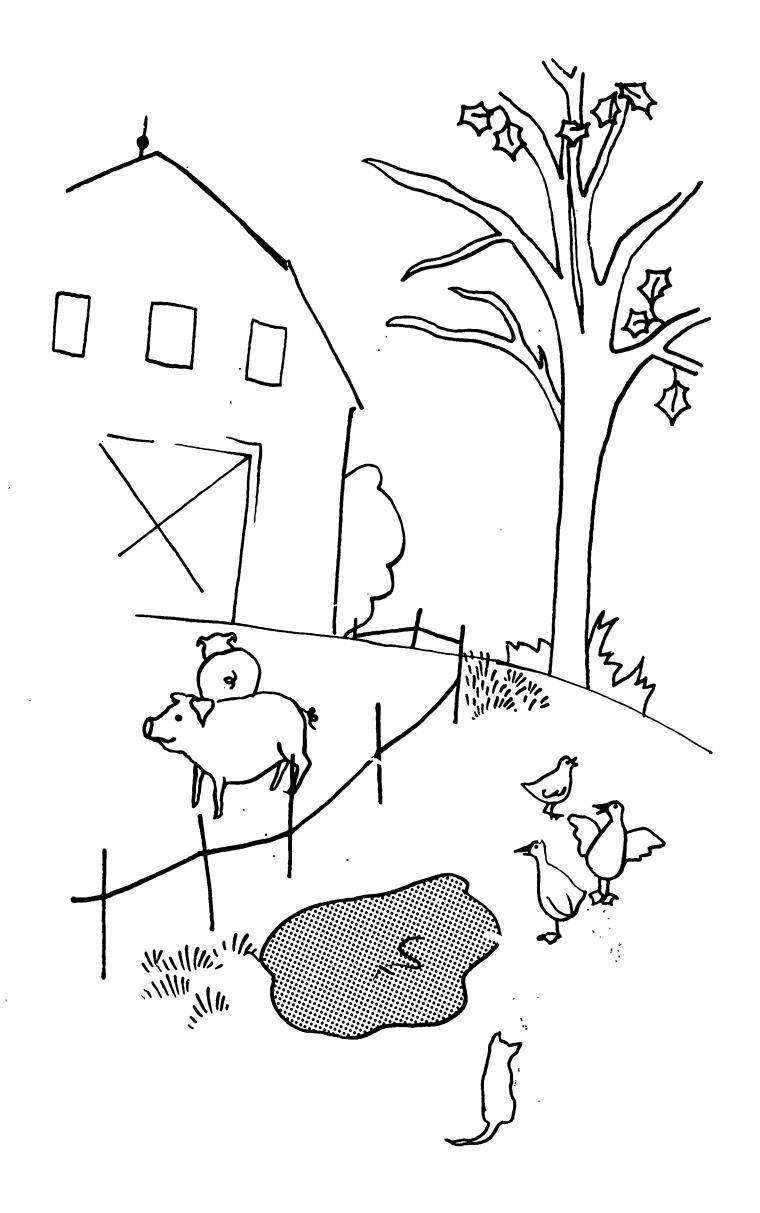
Let students take turns crashing the cymbals on the words up.



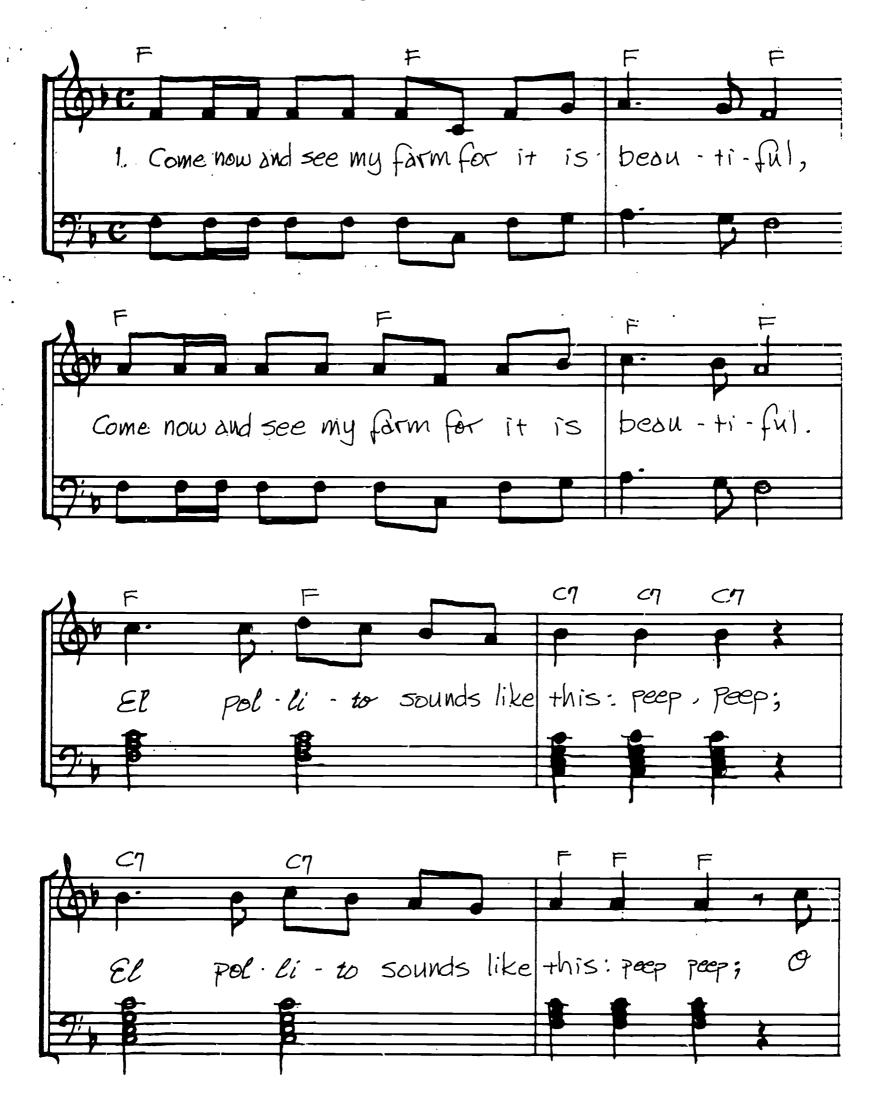


Units: Animals, Health.





### My Form









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El pollito (little chicken)

2. El patito (duck) sounds like this: quack, quack;

3. El chanchito (pig)... oink, oink;

4. El satito (kitten)... meow, meow;

5. El perito (puppy)... bow-wow;

6. El Burrito (burro)... hee-how;



#### MY FARM

This lively tune is sung with different words in various parts of Europe and South America.

The C time signature simply means the same 4 as 4 or 4 beats to a measure.

After you have sung it two or three times, have the students clap on the main beats (1, 2, 3, 4).

Divide the class into two groups and have one group clap on the first beat (the heaviest beat) of each measure, and the other group clap on the weaker beats (beats, 2, 3, 4) of each measure.

Students will enjoy marching to this song.

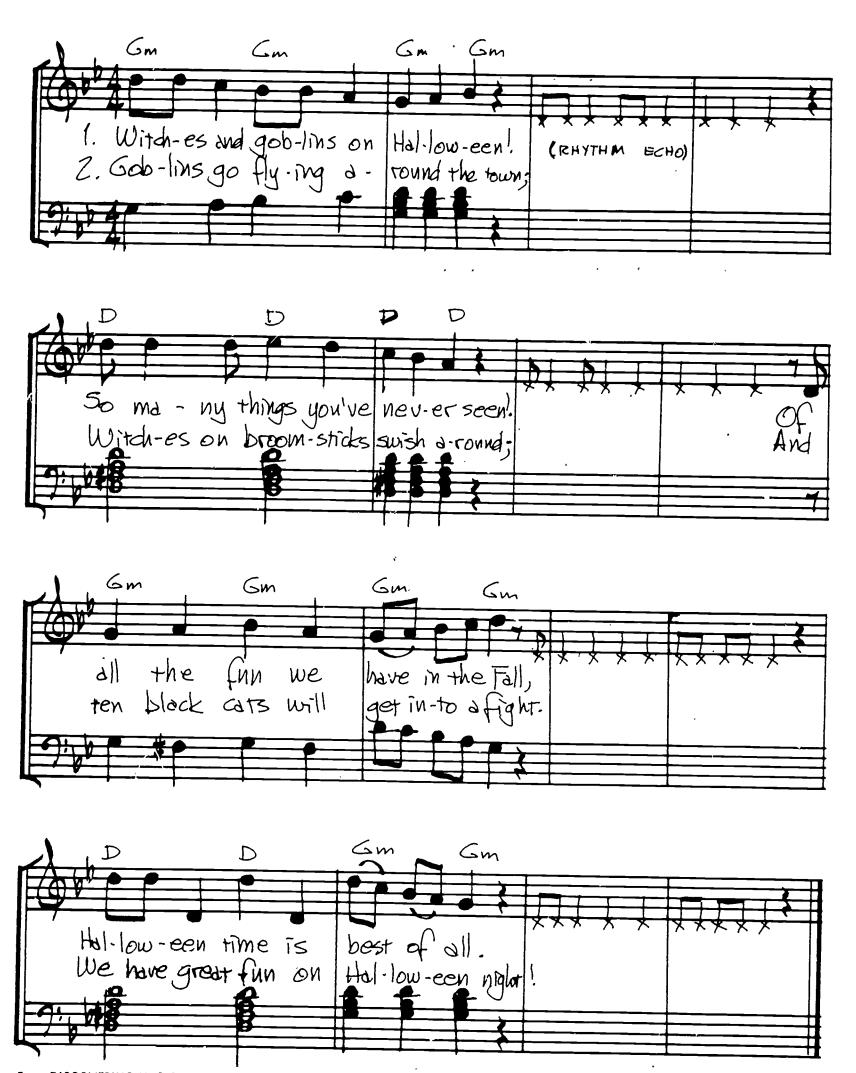
Some children can play rhythm instruments as an accompaniment. Encourage them to make up a rhythm pattern of their own.

Have the students think of rhythm instruments that sound like the animal sounds.

Units: Folk Customs of South America, Farming, Animals.



### Fun on Halloween



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#### **FUN ON HALLOWEEN**

Have the students clap the rhythm of the echo after you sing each phrase. By your clapping with them, it will help them feel the rhythm. Also, have them clap and say the words in rhythm as you have just sung them. This is excellent training to develop their concentration and attention spans.

This is great fun to sing with the rhythm echo played on rhythm instruments. Let the students select instruments that remind them of bones (rhythm sticks), witches, black cats, or other "scary" things on Halloween.

This is also a good song for the children to dramatize. They will even want to do it in costume in a Halloween parade.



Units: Halloween, Special Days of the Year.





### Over the River







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3. Over the river and through the wood, And straight through the barn-yard gate, We seem to go extremely slow, It is so hard to wait!

Over the river and through the wood,

Now Grandmorker's face I spy!

Hurrah for the fun! Is the pudding done?

Hurrah for the pumpkin pie!



#### OVER THE RIVEX

This is often sung in the fall as we anticipate the wonderful dinner and all the fun at Grandmother's house on Thanksgiving Day.

To feel the rhythm, have the students "direct" and swing their arm two swings per measure. Also have them sway their bodies in the same rhythm.

To hear the sound of horses' hooves, play the following rhythm pattern throughout the song on tone blocks, wood blocks, or coconut shells:



Have some students play jingle bells to sound like the bells on the horse.

Be sure this song is done at a lively tempo and sung gaily.

Units: Holidays, Thanksgiving.



## Christmas is Coming



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#### CHRISTMAS IS COMING

A ha' penny, pronounced hay-penny, is a half-penny.

As you clap the main beats of each measure (1, 2, 3, 4), have the students listen for the number of notes they hear each time you clap. Lead them to realize that many tines more than one note is sung for each beat, and sometimes only one note is sounded for more than one beat. This is what makes music interesting and what makes up different rhythms in music.

Have some of the students clap the main beats with you and have the rest of the class sing.

Now clap the rhythm of the <u>melody</u> and proceed as previously suggested.

Have some of the students clap the main beats, some the rhythm of the melody and have the rest sing the song.

The same procedure can be done with rhythm instruments.

Have someone play the bell part. Note the repeat sign and play the same bell part for the last four measures.

Divide the class into two or four groups and have each group sing a different line of the song, or have them watch you as you point to whatever group is to sing the next line.

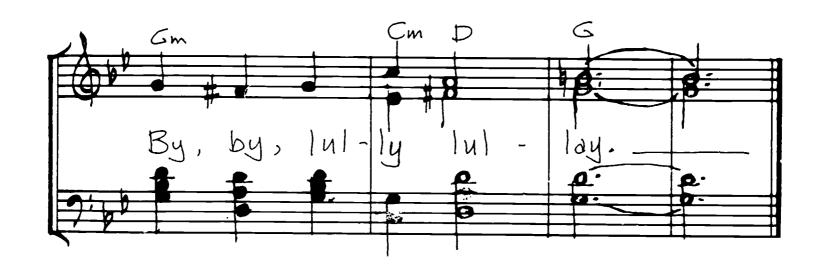
Units: Holidays, Christmas, Folk Customs of Other Countries.



## Coventry Carol



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2. O sisters, too, how may we do,
For to preserve this day;
This poor youngling for whom we sing?
By, by, lully, lullay.

#### **COVENTRY CAROL**

Coventry is the name of a city in England. It is thought that this song was originated and sung in that city during the performances of the miracle plays in churches and cathedrals. Since the people of long ago could not read they loved to have the Christmas story told, sung, and dramatized for them.

This is a Iullaby sung to the Christ Child and should be sung softly and smoothly.

A tambourine tapped softly at the first of each measure will add interest to this song.

This is a lovely song to sing during the dramatization of the Nativity scene.

Units: Holidays, Christmas.

### Christmas Dance





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#### **CHRISTMAS DANCE**

This is a favorite dance done at Christmas time in Sweden.

Have the children clap the rhythm of the rnelody noting the long-short pattern on most of the beats (3.3).

Teach the second verse <u>first</u> since the words involve a neutral syllable (like "loo") and then the students can concentrate on the melody and rhythm.

Encourage the students to make up a dance. This is a good rhythm for skipping. (The directions for a simple and effective dance are given on page 168a of *Discovering Music Together*, 3, from the Follett Music Series.)

Have some of the students play rhythm instruments such as a tambourine, small hand drum, jingle bells, and wood or tone block on the main beats (1, 2, 3).

The bell part adds harmony and interest.

Units: Holidays, Christmas, Folk Customs of Other Countries.



### O, Christmas Tree



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#### O CHRISTMAS TREE

This is a favorite German Christmas song which is becoming more and more popular in the United States.

Be sure to notice the repeat sign at the end of the second line. This means that the first two lines are sung again before singing the rest of the song to the end.

Have the students clap the rhythm on the words *O Christmas Tree* noting the long-short pattern on the word *Christmas ( J. )*.

Encourage the students to clap the rhythm of the melody in the whole song. Some of the students can play the rhythm on rhythm sticks while others play the basic beats (1, 2, 3) on drums and other instruments.

This song could be learned and sung while you are decorating a Christmas tree for your room at school.



Units: Holidays, Christmas, Nature Study (trees), Folk Customs of Other Countries.



### Hanukkah Latkes



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#### HANUKKAH LATKES

To help in the reading-readiness process, have the students listen for rhyming words.

Which words rhyme?

For number concepts, how many times are each of the rhyming words repeated? Clap each time you hear the same words repeated.

Which groups of rhyming words move up?
Which go down? Which stay on the same note?
(Development of auditory discrimination.)

Have different students or groups of students play the tambourine or other suitable instruments on the groups of rhyming words.

Listen to and clap the rhythm on the words

Hanukah Latkes in the last line. Have the students

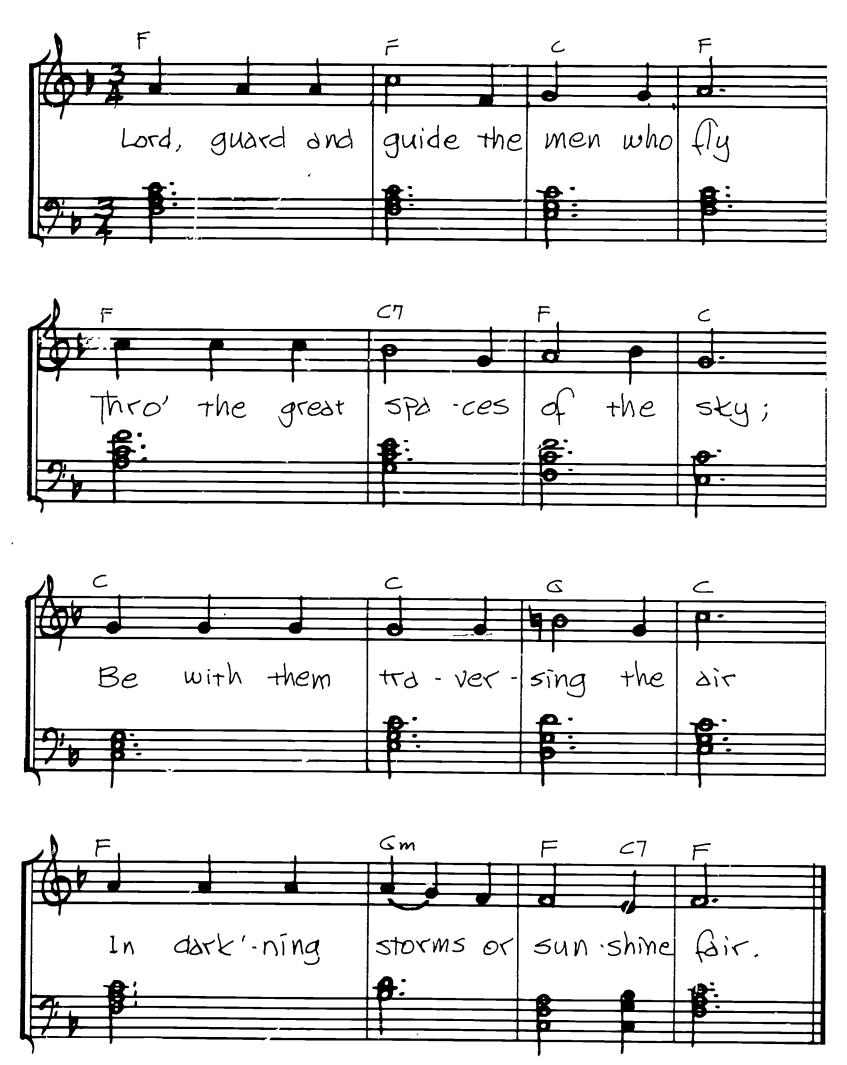
imitate this so they feel the syncopated rhythm.

This song can be acted out with hand movements and clapping which helps with the processes of "listening and doing."

Units: Holidays, Hanukkah, Customs of Other Religions, Number Concepts.



## Air Force Hymn



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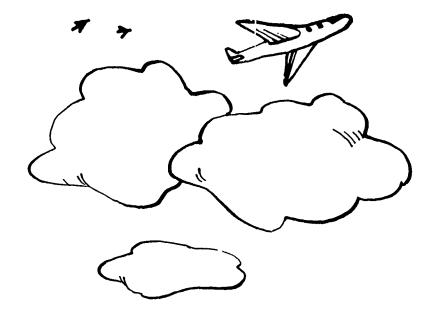


#### AIR FORCE HYMN

This is a prayer sung by the Air Force for the men who fly to help defend our country.

Explain the phrase *traversing the air* so the students will understand about the airplanes crossing over the country, ocean, mountains, etc., in all kinds of weather.

Teach the students to sing this song with reverence, using the best tone they have.





Units: Our Country, Patriotic Unit.



# America the Beautiful



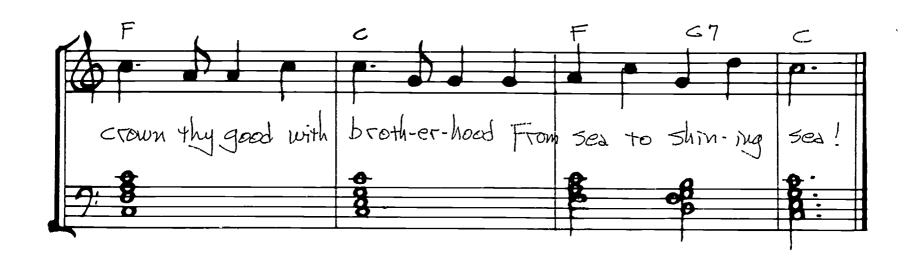






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#### **AMERICA THE BEAUTIFUL**

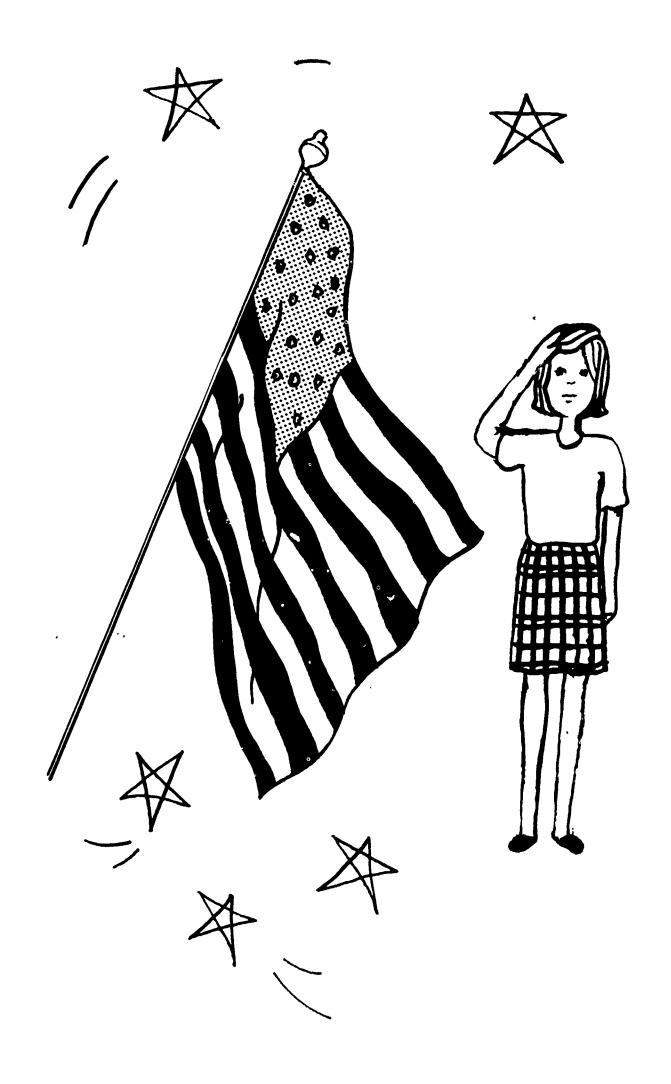
Tell the children how the words of this well-known song came to be written. After Katherine Lee Bates visited the Columbian Exposition in Chicago in 1893, she toured the western part of our country. She was so inspired by its size and great beauty that she wrote the poem which was later set to this music.

Teach the children to sing this song with spirit and pride.

Explain to the children the meanings of Amber waves of grain, and purple mountain majesties and any other phrases which they might not understand.

Unit: America, Patriotic Unit.







# The Star-Spangled Banner







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### THE STAR-SPANGLED BANNER

This is the official anthem of the United

States. Francis Scott Key wrote the words in 1814
to a tune which was popular in Colonial times.

Although this song is difficult, teach it to your students so they will become familiar with it. Explain many of the words and meanings of the phrases. Teach only short segments at a time and repeat several times throughout the day or week. Remember to have the students stand when they hear the beginning of our national anthem.

Play a recording of *The Star-Spangled* **Banner and have** the students listen and then sing along.

Units: Our Country, Flags, Patriotic Unit.



# Yankee Doodle



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### YANKEE DOODLE

This song is from the colonial period of our country during the Revolutionary times. The British soldiers first sang the song but the American soldiers liked it so well they adopted it as their own.

As you teach this familiar song, have your students tap the marching rhythm with pencils on their desks, or have them march to the rhythm as they listen to a recording.

After the song is learned, have a parade in the classroom or on the playground using the instruments, singing, and marching. A large colonial flag with 13 red and white stripes and 13 stars in a circle could be made and carried.

Encourage your students to make up a rhythm that fits the beat of the music and play it throughout the song. Give some of the students rhythm instruments to play and allow the rest to sing.

Units: Revolutionary War, America, Patriotic Unit.



# The Leaves' Party



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- 2. At first they danced to a merry tune, But the North Wind whirled them round; And tossed them roughly to and fro, Till they fell upon the ground.
- 3. And when kind old Dome Winter come, She pitied the tired leaves so; She laid them gently on the grass, And covered them over with snow.

### THE LEAVES' PARTY

This is a lovely song about autumn and the coming of winter which your students will enjoy singing and dramatizing.

Begin the song by singing the first line softly, the second line a little louder, and build the third line to a louder climax. Then end the last line slowly and softly.

In dramatizing this song, have some of the students pretend to be leaves, others can be the *North Wind* blowing boisterously and still others can be *kind old Dame Winter*. Encourage the students doing the dramatizations to develop appropriate sound effects.

The easy bell part adds a nice harmony.

Encourage expressive singing in this song.

Units: Seasons of the Year.



# The Month of April





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### THE MONTH OF APRIL

Although we have no cuckoos in this country, some of the European countries do, and it is one of the signs of the arrival of spring. What are some of the signs of spring in our part of the country? After this song is learned the students can substitute other words about signs of spring.

Once the students know the song, you or a student can play the second line melody as an accompaniment for the first line and vice versa.

Divide the class into two groups. While one group sings the first line have the second group sing the second line at the same time. While the first group continues singing to the end, the second group then sings the first line. This practice is preparation for part-singing.

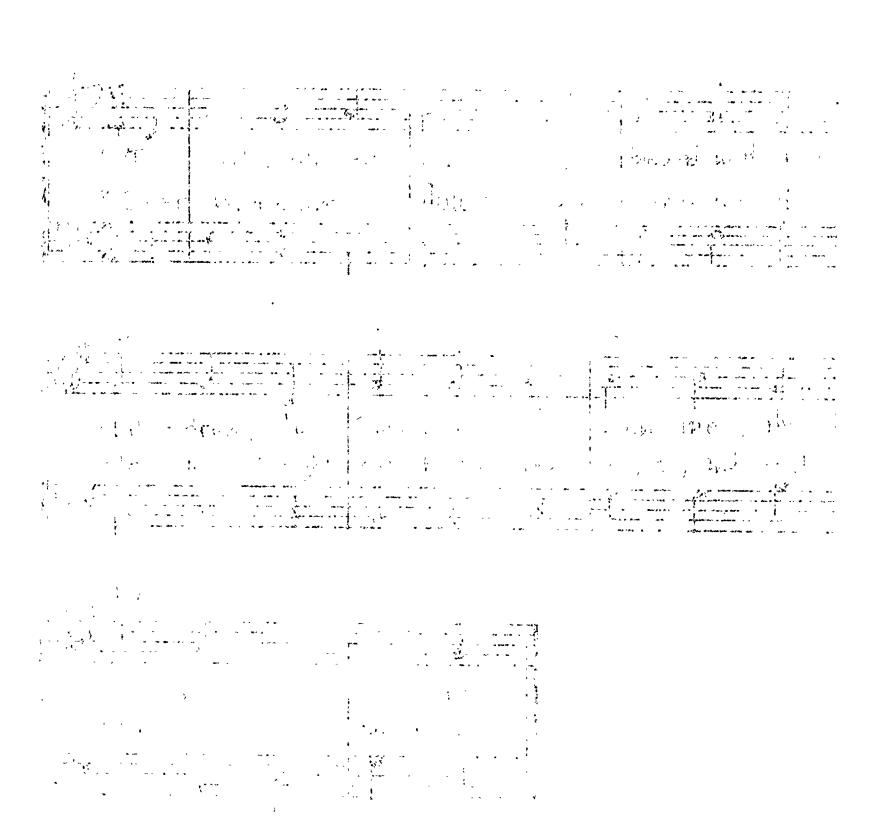
This song can also be sung as a simple twopart round. Again dividing the class into two groups (if you do not have at least one good lead singer for each group, you can lead one group), one group begins and sings to the end. At the beginning of the *Cuckoos*, the second group begins. Usually, rounds are sung all the way through two or three times.

On the two *cuckoos* at the beginning of the . second line, some may play the tone block, or the tone bells on C and A.

Units: Seasons, Birds, Nature.



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### THE SEASONS

This song is easy to learn since the second line is exactly like the first line. Sing the song brightly and happily.

To help the students concentrate, ask them to listen to see if they can find the answers to the following questions from this song:

- Q: What does the word *children* refer to in this song?
  - A: The Seasons.
- Q: How many children is Mother Nature blessed with?
  - A: Four
- Q: What are the names of her children?
  - A: The Springtime, the Summer, the Fall, and the Winter.
- Q: What does Spring bring?
  - A: The flowers.

- Q: What does Summer bring?
  - A: The clover.
- Q: What does Fall bring?
  - A: The grapes.
- Q: What does winter bring?
  - A: The snow.
- Q What other things do the seasons bring that we could sing about to add new verses?
  - A: (Have the children think of other appropriate answers and list them on the chalkboard. Encourage new words for additional verses.)

The easy bell part can be played throughout the song.  $\sim$ 

The triangle played on the first beat of each measure (the heaviest beats) will add interest and a feeling of the rhythmic beat.

Units: Seasons of the Year.



## **APPENDICES**

- A. Recordings
- B. Books
- C. Audio-Visual Aids





A. Recordings

### **Basic Concepts Through Dance** (EALP 601)

Educational Activities, Inc. Freeport, New York
Awareness of body image.

### **Listening and Moving** (L.P. 605)

Educational Activities, Inc.

Freeport, New York

The development of body awareness and position in space.

### Listening and Moving (L.P. 606-7)

Educational Activities, Inc.

Freeport, New York

Developing the perceptual-motor abilities of primary level children.

### **Orchestrated Music for Special Children**

Compiled and Directed by Elizabeth Polk

Hoctor Dance Records, Inc.

Waldwick, New Jersey

Such songs as "Yellow Rose of Texas," "Bingo," "Mexican Waltz," "Born Free," with teacher instructions for movement, imitative play, helpful accessories, teacher directed activities, achievements.

### Small Singer Albums 1 and 2

Bowmar Publishing Corp.

622 Rhodier Drive

Glendale, California 91201

A collection of original songs and old favorites for use in primary classes. A companion songbook, **The Small Singer**, includes all the songs on the records. Book is illustrated in color.

The following records (with some accompanying books) are available from:

Ghildren's Music Center, Inc.

5373 West Pico Boulevard

Los Angeles, California

#### African Drums (170CB)

Drumming of Watusi, Ruanda, Yoruba, Nigerian, South Africa, etc. Booklet included. Suitable for intermediate and advanced groups.

### **Burl Ives Folk Lullabies** (C879)

Twelve folk lullabies plus book with words and pictures of the songs. Good for relaxation and quiet listening.

### Call and Response (CB76C)

Chants and rhythms by Ella Jenkins for rhythmic singing and clapping--group responds to rhythm by leader--can be used for imitation or variation.

#### Concept Record #1 (EC3)

To develop in children a basic concept of body image, a sense of personal identity, and a meaningful relationship to his environment. Songs include "What's Inside of Me?" "My Body," "Yesterday and Today," etc. Teacher's manual.



### Concept Record #3 (EC14)

These basic songs require the child's active participation, are more complex than the songs in EC3, therefore might be used with older children. Songs included are "Shiver and Shake," "Right, Left," "They All Make Me," "Up, Up, Up and Down." Teacher's manual.

### **Creative Music for Exceptional Children (C218T)**

The exceptional child is helped to hear, feel and express emotions and moods, through musical contrasts: fast and slow, loud and soft, happy and sad, funny and serious, staccato and legato. Booklet included.

### Dance-a-Story Album (KD311)

Either individual records and storybooks (Little Duck - KD101, Magic Mountain - KD103, Brave Hunter - KD305, Flappy and Floppy - KD306), or complete set of 4 albums. These are delightful story-book-record combinations for creative rhythms, pantomime, dramatizations and storytelling. One side of record with music and narration; reverse side has music only for free expression.

### Four Centuries of Harp Music (C878)

For relaxation and quiet listening. Selections from the 16th through the 19th centuries. Suitable for intermediate and advanced groups.

### **Greek Mountain Dances** (C33)

These authentic Greek dances stimulate varying moods and movements as the music plays, "The Witch's Spell," "Maypole at Carnival Time," "Harvest Dance," etc. Suitable for intermediate and advanced groups.

### Holiday Songs (CSD3)

Songs and programs for Washington's Birthday, Flag Day, Easter, Thanksgiving, etc.

### Israeli Folk Dances (DF331)

Children can accompany the songs with tambourines, move, clap, and circle to the dances. Suitable for intermediate and advanced groups.

#### Learning as we Play (C218C)

Musical activities, rhythms, ring games, and singing games, especially designed for retarded children. Most selections are instrumental, using rhythm instruments. Some are sung by children. "This Old Man," "Rig-a-jig-jig," "Help to Row the Boat Ashore," and others. Booklet with suggestions, lyrics included.

### Mexican Mariachi (DF7)

Street bands play the famous Paso Dobles associated with festivity. Suitable for intermediate and advanced groups.

### Music for Exceptional Children (B224) BOOK

A valuable book for helping handicapped, educable or trainable mentally retarded, child enjoy music. Information and large photographs of rhythm instruments, autoharp and resonator bells. Songs from the following two records.

### Music for Exceptional Children #1 (C224A)

Contains: Hands and feet, autoharp, ukulele, harmonica, song flute, drums, tambourine, sand blocks, and rhythm sticks. (Songs and Music)



### Music for Exceptional Children #2 (C224B)

Contains: Tone block, wood block, claves, maracas, hand castas, finger cymbals, triangle, sleigh bells, resonator bells, and piano or organ. (Songs and Music)

### Play Your Instruments and Make a Pretty Sound (C164)

Ella Jenkins introduces rhythm instruments separately and then has play-along music, listening, body movement. Jazz music is used effectively.

### Rhythms and Songs for Exceptional Children (C218P)

Songs, rhythms and rhythmic accompaniments geared for older handicapped children. The material is presented in a way to encourage participation with maximum joy and success. Booklet included.

### Rhythm Instruments (C196)

Folk music from many lands arranged for rhythm instrument accompaniment. Slow to fast, loud to soft, etc. Many practical suggestions describing instruments and how to enjoy using them. Suitable for intermediate and advanced groups.

### Songs for Children With Special Needs #1 (C218D)

Songs are young in content. "The Bus," "Happy Birthday," "I Will Clap My Hands," "Jingle Bells," and others. Words of songs on jacket.

### Songs for Children With Special Needs #2 (C218M)

Greetings, singing games, jingles, singing sounds, and others. Words of songs on jacket.

### Songs for Children With Special Needs #3 (218N)

Content is for older children. Folk song favorites, games and dances, and others. Words on jacket.

### Music for Children With Special Needs (B98C) BOOK

Songs from above three albums with chords and accompaniments.

### Other rhythm records from Children's Music Center:

Animal Rhythms (PJ1)

An Indian Dance Drum Beats (PJ10)

Christmas Rhythms (PJ14)

Fire! Fire! A March (PJ11)

Halloween Rhythms (PJ15)

### Instrument Story Set (C391S)

"Said the Piano to the Harpsichord," "The Wonderful Violin," "Licorice Stick," "King's Trumpet," "Rondo for Bassoon and Orchestra."

### Peter and the Wolf (C403A).

Prokofiev's children's classic.

### **Tubby the Tuba** (C40/A)

Also includes "Tubby the Tuba at the Circus," narrated with humor and tenderness by Danny Kaye.



The following recordings are especially appropriate f rolder (intermediate and secondary) children.

### **American Favorite Ballads** (C1490)

Children's Music Center.

Sung by Pete Seeger, with banjo or guitar accompaniment. Songs such as "Down in the Valley," "Blue Tail Fly," "Old Dan Tucker," "I Ride an Old Paint," "Home on the Range," and others.

### Ballads for the Age of Science (The Singing Science Records)

Available through Children's Music Center, and

Midwest Radio Company

3414 West North Avenue

Milwaukee, Wisconsin 53208

These 6 records (Space Songs, Energy and Motion Songs, Experiment Songs, Nature Songs, More Nature Songs, and Weather Songs) contain 85 songs that explore every major area of science taught in the elementary schools. Ranging in content from the simplest introduction to weather, nature study and space to more complex concepts. The individual records most suitable for your primary, intermediate, and advanced groups would be Space Songs, Experiment Songs, Nature Songs, Weather Songs.

### It Could Be a Wonderful World (C220)

Children's Music Center.

Catchy brotherhood songs in popular style. Such songs as "It Could be a Wonderful World," "Brown-skinned Cow," "I've Got a Church." Prize-winning songs by Hy Zaret and Lou Singer. Lyrics included.

### Musical Multiplication (CE2)

Available through Children's Music Center. Learning by 12 "fun" jingles set to a catchy music.





B. Books

The following books pertaining to music for exceptional children are available from:

Children's Music Center, Inc.

5373 West Pico Boulevard

Los Angeles, California 90019

### Arts and Craft in the Primary School Today

Joan Dean, A & C Black, Ltd., London, 1968.

Chapter 10 on "Puppetry" is especially useful as it explains how children can make all kinds of puppets from the simplest to the most difficult, and also tells how to make simple to difficult stages. Puppetry can be used in music to give musical plays, to demonstrate rhythm, the puppet can "sing" (the child behind the stage does the singing).

### Children's Arts from Deep Down Inside (B470)

A book to inspire and give practical help to teachers who want to get creative expression from children in the arts--painting, block-printing, clay work, rhythm and dancing.

### **Craft Projects for Slow Learners**

Alfred Schmidt. John Day, New York, 1968.

Pages 40 and 41 on making hand puppets are useful.

### **Creative Dramatics for Handicapped Children** (B630)

Plays and musical reviews developed with handicapped children; suggestions to teachers on how to adapt a ply, choose a cast, organize the performance, etc.

### Creative Rhythmic Movement for Children (DB29)

Gladys Andrews describes movement fundamentals and the elements of space and rhythm, tells how to get movement started, how to explore and develop movement, how to make and use percussion instruments.

### Music and Movement (DB15)

An early book by Ann Driver explains and illustrates the very basis of dance movement in space, in individual and life rhythms. Written for children with good sections on movement for boys.

### Music for the Handicapped Child (B405)

An assessment of the value of music as a creative experience to the handicapped child. Written by Juliette Alvin.

### Music in Therapy(B801)

Edited by E. Thayer Gaston.

A comprehensive survey of theory, research, techniques and clinical practice in music therapy.

### Music Therapy for Handicapped Children (B407)

Discusses the means of motivating the child from passivity to individualist.

### Play Activities for the Retarded Child (B98Z)

This book by Bernice Carlson and David Ginglend shows how to help the retarded child grow and learn through music, games, handicraft, and other play activities.



### **Rhythms and Dances for Elementary Schools**

Revised. Dorothy LaSalle. A. S. Barnes and Company, 1951.

Dancing and singing games, fundamentals of cance movement, simple folk dances, intermediate folk dances, and folk dances of various countries. Exact directions explained for each dance. Such dances as <u>A-Hunting We Will Go, Bingo, The Chimes of Dunkirk</u>, and others.

### Sing and Learn

John W. Antey, John Day Company, New York, 1965.

Simple songs related to everyday life. It includes teaching instructions, a section devoted to activities such as hopping, skipping, marching, etc. A section on how to make simple rhythm instruments, and a unit on the use of the toy piano and the tape recorder as teaching aids. This book was written especially for primary educable mentally retardates.



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C. Audio-Visual Aids

### Developing Appropriate Seatwork for the Mentally Retarded

Special Education Curriculum Development Center. April, 1969.

Pages 19 and 20 give suggestions for uses for the tape recorder. Any music from the platter records can be recorded on tapes and used by students with individual headsets.

#### The Instruments

Bowmar Publishing Corp.
622 Radier Drive
Glendale, California 91201
Colored pictures of all the instruments of the band and orchestra.

### **Language Concepts in Song**

Siegfried Engelmen Instructional Media of America, Inc. 175 Fifth Avenue New York, New York 10010

The songs have been selected primarily because they teach or reinforce basic language skills such as handling plurals, reversing statements, and following instructions. The materials consist of recordings, pictures, and a teacher manual.

### The Little Drummer Boy

Ezra Jack Keats, Macmillan Company, New York, 1968.

This is a book with a story and colored illustrations. The words of the song and the melody are at the back of the book. This Christmas story could be read to the children, then sung as the payes are turned. The drum can be played as the *pa-rum-pum-pum-pum* appear in the song or story.

### Peter and the Wolf, Hansel and Gretel, The Nutcracker, Sleeping Beauty, and Others

Operettas, operas, stories and music about composers and the instruments, are presented in filmstrips with recordings. Send for the catalog from Jam Handy School Service, 2843 East Grand Boulevard, Detroit, Michigan 48211.

### The Use of Overhead Projection in Classrooms for the Mentally Retarded

Special Education Curriculum Development Center, March 1969.

Transparencies can be made to write the words of a song, to write autoharp chords for songs, to write bell parts for a song, to demonstrate various kinds of notes and rhythms, to demonstrate the use of the staff with notes going up and down the staff, how notes move by step and skip, illustrations about the song or about the story of the song.

Folk Songs of Africa; Children's Songs of Mexico; Favorite Songs of Japanese Children; The Star-Spangled Banner and America the Beautiful; Folk Songs of Israel; Foll: Songs of the Arab World; Anchors Aweigh and The Marine's Hymn; America; The Army Goes Rolling Along; and The United States Air Force Blue

Bowmar Records, Inc.

622 Rodier Drive

Glendale, California 91201

Records, individual folk song books of different countries, films, and filmstrips (music and social studies). Introduces music of various world areas in sound and picture. Relates music to the social studies area.

Individual folk song books also available are Many People, Our Pacific Neighbors, Canada, California and the Old West, Latin America, U.S.A.





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